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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>BINGO EVERY SUNDAY</p> 	<p>9:30 Exercises</p>  <p>10:30 Cooking</p> <p>1:30 Reminiscing</p>	<p>9:30 Exercises</p>  <p>10:30</p> <p>1:30 Beauty/Nail care</p>	<p>9:30 Church </p> <p>10:30 Art Program</p> <p>10:30 Colour Therapy</p> <p>1:30 Exercises</p>	<p>9.30 Bus Trip </p> <p>10.30 Movie</p> <p>1.30 Sing a Long</p>	<p>9:30 Exercises</p> <p>10:30 Devotions</p> <p>1.30 Guess What's in the Bag </p>	<p>TV, Netflix, Magazines, Cards, Dominos</p> <p>Please ask for assistance</p>
7	8	9	10	11	12	13
<p>9:30 Church - Lodge</p> <p>TV, Netflix, Magazines, Cards, Dominos</p>  <p>1:30</p>	<p>9:30 Exercises</p> <p>10:30 Active Games</p>  <p>1:30</p>	<p>9:30 Exercises/Active Games</p> <p>10:30 French Luncheon</p> <p>French Day </p> <p>1:30 Movie</p>	<p>9:30 Church </p> <p>10:30 Art Program</p> <p>10:30 Colour Therapy</p> <p>1.30 Scattegories All About France, Word Games</p>	<p>9:30 Bus Trip </p> <p>10:30 Movie </p> <p>1:30 Exercises</p>	<p>9:30 Exercises</p> <p>10:30 Devotions</p>  <p>1:30</p>	<p>TV, Netflix, Magazines, Cards, Dominos</p> <p>Please ask for assistance</p>
14	15	16	17	18	19	20
<p>9:30 Church - Lodge</p> <p>TV, Netflix, Magazines, Cards, Dominos</p>  <p>1:30</p>	<p>9:30 Exercises</p> <p>10:30 High Tea</p>  <p>1:30</p>	<p>9:30 Exercises</p>  <p>10:30 Cooking</p> <p>1.30 Puzzles & Board Games</p>	<p>9:30 Church </p> <p>10:30 Art Program</p> <p>10:30 Colour Therapy</p> <p>1:30 Exercises</p>	<p>9:30 Bus Trip </p> <p>10:30 Movie </p> <p>1:30 Exercises</p>	<p>9:30 Exercises</p> <p>10:30 Devotions</p>  <p>1:30</p>	<p>TV, Netflix, Magazines, Cards, Dominos</p> <p>Please ask for assistance</p>
21	22	23	24	25	26	27
<p>9:30 Church - Lodge</p> <p>TV, Netflix, Magazines, Cards, Dominos</p>  <p>1:30</p>	<p>9:30 Exercises</p> <p>10:30 Concert Daniel Lodge </p> <p>1:30 Beauty Care</p> 	<p>OPSM</p> <p>9:30 Exercises</p> <p>10:30 Birthday Party</p>  <p>1,30</p>	<p>9:30 Church </p> <p>10:30 Art Program</p> <p>10:30 Colour Therapy</p> <p>1:30 Exercises</p>	<p>9:30 Bus Trip </p> <p>10:30  Movie</p> <p>1:30 Exercises</p>	<p>9:30 Exercises</p>  <p>10:30</p> <p>1:30 Reminiscing</p>	<p>TV, Netflix, Magazines, Cards, Dominos</p> <p>Please ask for assistance</p>
28	29	30	31			
<p>9:30 Church - Lodge</p> <p>TV, Netflix, Magazines, Cards, Dominos</p>  <p>1:30</p>	<p>9:30 Exercises</p> <p>10:30 Active Games</p>  <p>1:30 Movie & Milkshakes</p>	<p>9:30 Exercise</p>  <p>10:30</p> <p>1:30 Scattegories Word Games</p>	<p>9:30 Exercises </p> <p>10:30 Art Program</p> <p>10:30 Colour Therapy</p> <p>1.30 Exercises</p>	 <p>Bus Trips on Thursdays</p>		<p>TV, Netflix, Magazines, Cards, Dominos</p> <p>Please ask for assistance</p>

Activities are subject to change. For any enquiries please give us a call on 4935 0300

Something for everyone, everyday!

