


Manor Activities Program July, 2019

Sunday	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5	Saturday 6
 Every Sunday	9:30 Exercises 10:00 Tilly's Pre School Visit 10:30 Brainiacs 1:30  MEN'S GROUP & Craft	9:30 Exercises 10:30  Ten Pin Bowling 1:30 	9:30 Exercises 10:30 Church  10:30 Word Games 1:30 Game Time 	9:30 Exercises 10:30  Cooking 1:15 Bus Trip 	9:30 Tai Chi 10:30  1:30 HAPPY HOUR	TV, Netflix, Magazines, Cards, Dominos Please ask for assistance
7	8	9	10	11	12	13
9:30 Church - Lodge TV, Netflix, Magazines, Cards, Dominos 1:30 	9:30 Exercises 1:30 Brainiacs 1:30  MEN'S GROUP & Craft	10:30  FRENCH DAY Luncheon & Concert	9:30 Exercises 10:30 Church  10:30 Word Games 1:30 	9:30 Exercises 10:30 Resident Meeting The Manor 1:15 Bus Trip 	9:30 Tai Chi 10:30 Adam Price Concert 1:30 Happy Birthday!	TV, Netflix, Magazines, Cards, Dominos Please ask for assistance
14	15	16	17	18	19	20
9:30 Church - Lodge TV, Netflix, Magazines, Cards, Dominos 1:30 	9:30 Exercises 10:30 Brainiacs 1:30  MEN'S GROUP & Craft	9:30 Exercises & Anglican Church - The Lodge 10:30 Carpet Bowls 1:30 	9:30 Exercises 10:30 Church  10:30 Word Games 1:30 Gary Marshall Concert	9:30 Exercises 10:30  Cooking 1:15 Bus Trip 	9:30 Tai Chi 10:30  1:30 HAPPY HOUR	TV, Netflix, Magazines, Cards, Dominos Please ask for assistance
21	22	23	24	25	26	27
9:30 Church - Lodge TV, Netflix, Magazines, cards, Dominos 1:30 	9:30 Exercises 10:30 Brainiacs 1:30  MEN'S GROUP & Craft	OPSM 9:30 Exercises 10:30  Golf 1:30 	9:30 Exercises 10:30 Word Game 10:30 Memorial Service 1:30 1:1 Reminiscing	9:30 Exercises 10:30 Line Dancing 1:30 Bus Trip 	9:30 Tai Chi 10:30  1:30 Movie 	TV, Netflix, Magazines, Cards, Dominos Please ask for assistance
28	29	30	31			
9:30 Church - Lodge TV, Netflix, Magazines, Cards, Dominos 1:30 	9:30 Exercise 10:00 Tilly's Pre School 10:30 "CAFÉ DAY" 1:30  MEN'S GROUP & Craft	9:30 Exercises 10:30 Daniel Concert 1:30 	9:30 Exercises 10:30 Church  10:30 Word Games 1:30 Knitting Circle 	Bus Trips on Thursdays 	Alternates Tuesdays &  Every Friday	TV, Netflix, Magazines, Cards, Dominos Please ask for assistance

Activities are subject to change. For any enquiries please give us a call on 4935 0300

Something for everyone, everyday!