

Braye Park Activities Program September, 2019

Sunday 1	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6	Saturday 7
 1:30	9:30 Exercises 10:00 High Tea 1:00 Garden Walk	Fathers Day Luncheon Theme 10	9:30 CHURCH 10:30 Art Therapy 11:00 Music 1:00 What's In The Bag	9:30 Bus Trip 10:00 Movie 1:00 Word Quiz	9:30 Exercises 10:30 Devotions 1:00 Throwing a Ball	TV, Netflix, Magazines, Cards, Dominos Please ask for assistance
8	9	10	11	12	13	14
9:30 Church - Lodge TV, Netflix, Magazines, Cards, Dominos 1:30	9:30 Exercises 10:30 Poetry 1:00 Board Games	9:30 Exercises 10:00 Birthday Party 1:00 Garden Walks	9:30 Church 10:30 Art Therapy 11:00 Music 1:00 Residents free Choice	9:30 Bus Trip 10:30 Beauty Care 1:00 Sing Along	9:30 Talking About Tuscan 10:30 Devotions 11:00 Poems <i>Poetry</i> 1:00 Balloon Tennis	TV, Netflix, Magazines, Cards, Dominos Please ask for assistance
15	16	17	18	19	20	21
9:30 Church - Lodge TV, Netflix, Magazines, Cards, Dominos 1:30	9:00 Exercises 10:30 Make a Travel Book 1:00 Sing Along 	9:30 Exercises 10:30 1:00 Movie	9:30 Church 10:30 Art Therapy 10:30 Colour Therapy 1:00	MAROBA OPEN DAY Bus Trip 9:30 Bus Trip 10:30 Movie 11:00 Movie 1:00 Walk in the Garden	9:30 Exercises 10:30 Devotions 11:00 Reminiscing 1:30 Birthday Party	TV, Netflix, Magazines, Cards, Dominos Please ask for assistance
22	23	24	25	26	27	28
9:30 Church - Lodge TV, Netflix, Magazines, Cards, Dominos 1:30	9:30 Exercises 10:30 Cooking 11:00 Cooking 1:00 / Sing Song	9:30 Exercises 10:30 Making a Book 11:00 or Gardening 1:00 Free Afternoon	9:30 Church 10:30 Art Therapy 10:30 Colour Therapy 1:00 Bean Bag Throwing	Bus Trip 9:30 Bus Trip 10:30 Colour Therapy 11:00 Ball Games 1:00 Afternoon Tea Outside	9:30 Exercises 10:30 Devotions 11:00 Throwing a ball 1:00 Scensory	TV, Netflix, Magazines, Cards, Dominos Please ask for assistance
29	30	31				
9:30 Church - Lodge TV, Netflix, Magazines, Cards, Dominos 1:30	9:30 Exercises 10:00 - 12 High Tea 1:00 Soft Music & Beauty Care	9:30 Exercises 10:30 Making a Book 11:00 Cooking 1:00 Balloon Tennis	9:30 Church 10:30 Art Therapy 11:00 Colour Therapy 1:00 Sing Along	Bus Trip 9:30 Bus Trip 11:00 Sing Song 1:00	9:30 Exercises 11:00 Devotions 11:00 Ten Pin Bowling 1:00 Story Time	TV, Netflix, Magazines, Cards, Dominos Please ask for assistance

Activities are subject to change. For any enquiries please give us a call on 4935 0300

Something for everyone, everyday!