

Braye Park Activities Program November, 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			 Church Every		9:30 Exercises 10:30 Devotions 11:00 Balloon Tennis 1:00 Bean Bag Toss	TV, Netflix, Magazines, Cards, Dominos Please ask for assistance
3	4	5	6	7	8	9
9:30 Church - Lodge TV, Netflix, Magazines, Cards, Dominos 1:30 BINGO	9:30 Exercises 10:00 Cooking 1:00 Movie	 MELBOURNE CUP luncheon	9:30 Church 10:30 Art Therapy 1:00 Happy Hour	9:30 Bus Trip 10:30 Beauty Care 1:00 Word Games	9:30 Exercises 10:30 Devotions 11:00 Balloon Tennis 1:00 Free Choice	TV, Netflix, Magazines, Cards, Dominos Please ask for assistance
10	11	12	13	14	15	16
9:30 Church - Lodge 10:30 Hunter Christian Church Singers 1:30 BINGO	 REMEMBRANCE DAY 9:30 Exercises 10:30 Craft 1:00 Free Choice	9:30 Exercises 10:30 Learn a Country 1:00 Sing Song	9:30 Church 10:30 Art Therapy 11:00 Music 1:00 Free Choice	9:30 Bus Trip 10:30 Beauty Care 1:00 Word Games	9:30 Exercises 10:30 Devotions 11:00 Balloon Tennis 1:00 Free Choice	TV, Netflix, Magazines, Cards, Dominos Please ask for assistance
17	18	19	20	21	22	23
9:30 Church - Lodge 10:30 Hunter Christian Church Singers 1:30 BINGO	9:30 Exercises 10:30 Craft 1:00 Happy Hour	9:30 Exercises 10:30 Learn A Country 1:00 Garden Time	9:30 Church 10:30 Art Therapy 1:00 Happy Hour	9:30 Bus Trip 10:30 Beauty Care 1:00 Word Games	9:30 Exercises 10:30 Devotions 11:00 Balloon Tennis 1:00 Free Choice	TV, Netflix, Magazines, Cards, Dominos Please ask for assistance
24	25	26	27	28	29	30
9:30 Church - Lodge TV, Netflix, Magazines, Cards, Dominos 1:30 BINGO	9:30 Exercises 10:30 Craft 1:00 Free Choices	9:30 Exercises 10:30 Colour Therapy 1:00 Bean Bag Toss	9:30 Church 10:30 Art Therapy 11:00 Music 1:00 Free Choice	9:30 Bus Trip 10:30 Beauty Care 1:00 Word Games	9:30 Exercises 10:30 Devotions 11:00 Balloon Tennis 1:00 Free Choice	TV, Netflix, Magazines, Cards, Dominos Please ask for assistance

Activities are subject to change. For any enquiries please give us a call on 4935 0300

Something for everyone, everyday!