

Braye Park February Activities Program, 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Hairdresser Mondays & Tuesdays 	the best classroom in the world is at the feet of an elderly person. <i>Andy Rooney</i> <small>meavilla.com</small>			<i>I Loved You Yesterday I Love You Still I Always Have... I Always Will</i> Happy Valentine's Day <small>Illustration: Sherry Quinlan</small>	TV, Netflix, Magazines, Cards, Dominos Please ask for assistance
2	3	4	5	6	7	8
9:30 Church - Lodge TV, Netflix, Magazines, Cards, Dominos BINGO 1:30	 Garden Walks	Music Therapy 	 9.30 Church 10.30 NGMM Concert 1.30 Chair Yoga	 9:00 Bus Trip 1:00 Choir Group 2:00 Music Therapy 1: 1	9:00 Balloon Tennis 10:30 BINGO 1:00 Montessori Activities & Sensory Play	TV, Netflix, Magazines, Cards, Dominos Please ask for assistance
9	10	11	12	13	14	15
9:30 Church - Lodge 10:30 Hunter Christian Church Singers BINGO 1:30	 REMINISCING NEWCASTLE	Pamper Day 	 9.30 Church 10.30 BINGO 1.30 Ten Pin Bowling	 9.00 Bus Trip 10.30 Greg Mason Concert 1:30	VALENTINE'S DAY 10:30 Couples Lunch with Richard E Concert	TV, Netflix, Magazines, Cards, Dominos Please ask for assistance
16	17	18	19	20	21	22
9:30 Church - Lodge 10:30 Hunter Christian Church Singers BINGO 1:30	 RECIPES Chat/Rip and share	1:1 Walks Outside 	 9.30 Church 10.30 Sue Shaw Concert 1.30 Seated Soccer	 9:00 Bus Trip 1:00 Choir Group 2:00 Music Therapy & Individualised Support	 Birthdays of the Month Party 10.30	TV, Netflix, Magazines, Cards, Dominos Please ask for assistance
23	24	25	26	27	28	
9:30 Church - Lodge TV, Netflix, Magazines, Cards, Dominos BINGO 1:30	1:1 Hand & Foot Massage 	OPSM VISIT 9.30 Exercises 10.00 Bus Trip 10.30 Lemondrops Concert 1.30 Carpet Bowls	 9.30 Church 10.30 Trivia BINGO 1.30	 ALOHA Hawaiian Themed Luncheon	9:00 Balloon Tennis 10:30 Devotions BINGO 1:30	TV, Netflix, Magazines, Cards, Dominos Please ask for assistance

Activities are subject to change. For any enquiries please give us a call on 4935 0300

Something for everyone, everyday!