

## Waratah March Activities Program, 2020

|   |  |   | <u> </u>  |   |  |  |  |
|---|--|---|---|---|--|--|--|
| Sunday  | Monday   | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday   |  |
| 1   | 2  | 3   | 4   | 5   | 6  | 7  |  |
| 9:30 Church - Lodge<br>IV, Nefflix, Magazines,<br>Cards, Dominos<br>BUNGO | 8:30 News & Weather 9:00 Hula Hoop Ball Games 11:00 Montessiori Activities Music Therapy 1:00 Craft 2:00 Room Visit                | :30 News & Weather 9:00 Ball Toss or Ten Pin 10:30 Garden Club Massage/Nail Care 1:00 2:00 Movie & Pamper Sesssions | 8:30 News & Weather 9:00 Ball Toss or Ten Pin 9:30 Speech Group The Manor 10:30 Church – The Chapel Music/Pet Therapy/ Montessiori 1:30 Arts & Crafts | 8:30 News & Weather 9:00 Parachute Games 1 <mark>0:30 Viv's Travel Talk</mark> 1:00 Baking Group 2:00 Afternoon Tea on The Terrace & Choirgroup | 9:30 Exercises<br>10:30 1:30 Games   | TV, Netflix, Magazines,<br>Cards, Dominos<br>Please ask for assistance |  |
| 8   | 9  | 10  | 11  | 12  | 13   | 1/   |  |
| 9:30 Church - Lodge<br>IV, Nefflix, Magazines,<br>Cards, Dominos<br>1:30  | 8:30 News & Weather 9:00 Hula Hoop Ball Games 11:00 Montessiori Activities Music Therapy 1:00 Craft 2:00 Room Visit                | 10:30 Month 2:00 Resident Meeting (The Lodge)   | 8:30 News & Weather 9:00 Ball Toss or Ten Pin 9:30 Speech Group The Manor 10:30 Church – The Chapel Music/Pet Therapy/ Montessiori 1:30 Arts & Crafts | 8:30 News & Weather 9:00 Parachute Games 10:00 Bus Trip 1:00 Baking Group 2:00 Afternoon Tea on The Terrace & Choirgroup                        | 9:30 Exercises 10:30 Café Day "Viv's Travel Talk" 1:30 & Sonya Lee Concert | TV, Netflix, Magazines,<br>Cards, Dominos<br>Please ask for assistance |  |
| 15  | 16   | 17  | 18  | 19  | 20   | 2  |  |
| 9:30 Church - Lodge<br>10:30 Hunter Christian<br>Church Singers<br>1:30   | 8:30 News & Weather 9:00 Hula Hoop Ball Games 11:00 Montessiori Activities Music Therapy 1:00 Craft 2:00 Room Visit                | 9:30 Exercises<br>10:30<br>Residents Morning Tea &<br>Games   | 8:30 News & Weather 9:00 Ball Toss or Ten Pin 9:30 Speech Group The Manor 10:30 Church – The Chapel Music/Pet Therapy/ Montessior 1:30 Arts & Crafts  | 10:00 Bus Trip  | 9:30 Exercises<br>10:30 Movie  | TV, Netflix, Magazines,<br>Cards, Dominos<br>Please ask for assistance |  |
| 22  | 23   | 24  | 25  | 26  | 27   | 28   |  |
| 9:30 Church - Lodge<br>10:30 Hunter Christian<br>Church Singers<br>1:30   | 8:30 News & Weather<br>9:00 Hula Hoop Ball Games<br>11:00 Montessiori Activities<br>Music Therapy<br>1:00 Craft<br>2:00 Room Visit | St. Patrick's Day!  Irish Day Themed Luncheon   | 8:30 News & Weather 9:00 Ball Toss or Ten Pin 9:30 Speech Group The Manor 10:30 Church – The Chapel Music/Pet Therapy/ Montessiori 1:30 Arts & Crafts | 10:00 Bus Trip  | 9:30 Exercises<br>10:30  | TV, Netflix, Magazines,<br>Cards, Dominos<br>Please ask for assistance |  |
| 29  | 30   | 31  |   |   |  |  |  |
| 9:30 Church - Lodge<br>TV, Nefflix, Magazines,<br>Cards, Dominos<br>1:30  | 8:30 News & Weather 9:00 Hula Hoop Ball Games 10:30 Sue Shaw Concert 1:00 Craft 2:00 Room Visit                                    | 8:30 News & Weather 9:00 Ball Toss or Ten Pin 10:30 Garden Club Massage/Nail Care 1:00 CONTROL OF SESSIONS          | BINGO Sundays & Wednesdays  | Barney Delta Dog Visits on  | Hairdresser Fridays & Every 2 <sup>nd</sup> Tuesday                        | TV, Netflix, Magazines,<br>Cards, Dominos<br>Please ask for assistance |  |

Activities are subject to change. For any enquiries please give us a call on 4935 0300

Something for everyone, everyday!