

## Social & Engagement Calendar for month of SEPTEMBER – The Lodge

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5	6
	9:30 Exercises	9:30 Exercises	9:30 Exercises	9.30 Exercises	10.30 Bingo	
	10.30 Cooking	10:30 Bus Trip	10:30 Bingo	10:30 Chatterbox		
	1.30 Armchair Travel	10:30 Church	1.00 Bus Trip	1:15 Craft		
		1:30 Minute To Win It				
7	8	9	10	11	12	13
9.30 Exercises	9.30 Exercises	9.30 Exercises	9.30 Exercises	9.30 Exercises	10.30 Bingo	
10.30 Speech Group	10.30 Talk on The Seekers	10.30 Bus Trip	10.30 Bingo	10.30 Chatterbox		
1.30 Men's Group		10.30 Church	1.00 Bus Trip	1.15 Craft		
1.30 Movie	2.00 Outside Walks	1.30 Dominos & Cards				
1.30 Knitting						
14	15	16	17	18	19	20
9.30 Exercises	9.30 Exercises	9.30 Exercises	9.30 Exercises	9.30 Exercises	10.30 Bingo	
10.30 Speech Group	10.30 Price Is Right	10.30 Bus Trip	10.30 Bingo	10.30 Chatterbox		
1.30 Men's Group	1.30 Resident Meeting	10.30 Church	1.00 Bus Trip	1.15 Craft		
1.30 Movie		1.30 Sports				
1.30 Knitting						
21	22	23	24	25	26	27
9.30 Exercises	9.30 Exercises	9.30 Exercises	9.30 Exercises	9.30 Exercises	10.30 Bingo	
10.30 Speech Group	10.30 Jeopardy	10.30 Bus Trip	10.30 Bingo	10.30 Chatterbox		
1.30 Men's Group	1.30 Indoor Volleyball	10.30 Church	1.00 Bus Trip	1.15 Craft		
1.30 Movie		1.30 Wii Sports				
1.30 Knitting						
28	29	30				
9.30 Exercises	9.30 Exercises	9.30 Exercises				
10.30 Speech Group	10.30 Cooking	10.30 Bus Trip				
1.30 Men's Group	1.30 Happy Hour	10.30 Church				
1.30 Movie		1.30 Painting				
1.30 Knitting						

**BEAUTY & DAY SPA**  
Tuesday & Wednesday  
8.30-4.30pm  
Every 2<sup>nd</sup> Thursday  
*Book via Reception*

TV, Netflix, Magazines, Cards, Dominos and other games available. Please ask for assistance  
  
Activities subject to change

**HAIRDRESSER**  
Tuesday & Friday

**GYM HOURS**  
Wed 7-3PM

*Book via Reception*