

Social & Engagement Calendar for month of SEPTEMBER – The Manor

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
28	29	30				
10.00 Waratah Bus Trip		10.00 Walking		EXERCISES Monday to Thursday 9.30am		1.30 Bingo
10.30 Brainiacs	10.30 Sport	10.30 Trivia				
1.30 Men's Group						
1.30 Women's Group	1.30 Games	2.00 Bingo				
	1	2	3	4	5	6
	10.30 Sport	10.00 Walking	9.15 Waratah church	9.45 Church		
		10.30 Trivia	9.30 Bus Trip			
			10.00 The Manor - Church			
	1.30 Games	2.00 Bingo	1.00 Bus Trip	1.30 Bingo		1.30 Bingo
7	8	9	10	11	12	13
10.00 Waratah Bus Trip	10.30 Cooking	10.00 Walking	9.30 Bus Trip	9.45 Church		
10.30 Brainiacs		10.30 Trivia	10.00 Morning Tea	10.00 Waratah		
1.30 Men's Group	1.30 Sport		1.00 Bus Trip			
1.30 Women's Group		2.00 Bingo	1.30 Craft	1.30 Happy Hour		1.30 Bingo
14	15	16	17	18	19	20
10.00 Waratah Bus Trip		10.00 Walking	9.30 Bus Trip	9.45 Church		
10.30 Brainiacs	10.00 Residents Meeting	10.30 Trivia	10.00 1:1	10.00 Waratah		
1.30 Men's Group	1.30 Sport					
1.30 Women's Group		2.00 Bingo	1.00 Bus Trip	1.30 Bingo		1.30 Bingo
21	22	23	24	25	26	27
10.00 Waratah Bus Trip		10.00 Walking	9.30 Bus Trip	9.45 Church		
10.30 Brainiacs	10.30 Sport	10.30 Trivia	10.00 Morning Tea	10.00 Waratah		
1.30 Men's Group						
1.30 Women's Group	1.30 Gardening	2.00 Bingo	1.00 Bus Trip	1.30 Bingo		1.30 Bingo
				1.30 Men's Group		

BEAUTY & DAY SPA
Tuesday & Wednesday
8.30-4.30pm
Every 2nd Thursday
Book via Reception

TV, Netflix, Magazines, Cards, Dominos and other games available. Please ask for assistance

Activities subject to change

HAIRDRESSER
Tuesday & Friday
GYM HOURS
Wed 7-3PM
Book via Reception