

Social & Engagement Calendar for month of NOVEMBER– The Manor

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30						1
10.30 Brainiacs	EXERCISES Monday to Thursday 9.30am					1.30 Bingo
1.30 Men's group						
1.30 Ladies group						
2	3	4		6	7	8
10.30 Brainiacs	10.30 Melbourne Cup Games	10.00 Trivia		9.45 Church		
10.30 Melbourne cup sweeps			9.30 Bus trip	10.30 Concert		
1.30 Ladies group	Melbourne cup luncheon		10.00 Morning tea			
1.30 Men's group	Men's group	2.00 Bingo	1.00 Bus trip	1.30 Bingo		1.30 Bingo
9	10	11	12	13	14	15
10.30 Brainiacs	10.30 Shuffleboard	10.00 Trivia	9.30 Bus trip	9.45 Church		1.30 Bingo
1.30 Men's group			10.00 Outside walk	10.30 Bingo		
1.30 Ladies group	2.30 Ice cream party		1.00 Bus trip			
		2.00 Bingo		1.30 Happy hour		
16	17	18	19	20	21	22
10.30 Brainiacs		10.00 Trivia	9.30 Bus trip	9.45 Church		1.30 Bingo
1.30 Men's group	10.00 Resident Meeting		10.00 Morning tea/Album making	10.30 Gardening		
1.30 Ladies group	1.30 Golf					
		2.00 Bingo	1.00 Bus trip	1.30 Bingo		
23	24	25	26	27	28	29
10.30 Brainiacs		10.00 Trivia	9.30 Bus trip	9.45 Church		1.30 Bingo
1.30 Men's group	10.30 Ten pin bowling		10.00 Outside walk	10.30 Bingo		
1.30 Ladies group						
	1.30 Ice cream party	2.00 Bingo	1.00 Bus trip	1.30 Happy hour		

BEAUTY & DAY SPA
Tuesday & Wednesday
8.30-4.30pm
Every 2nd Thursday
Book via Reception

TV, Netflix, Magazines, Cards, Dominos and other
games available. Please ask for assistance

Activities subject to change

HAIRDRESSER
Tuesday & Friday

GYM HOURS
Wed 7-3PM
Book via Reception