



27 January 2021

Coronavirus Update #46

Greetings to all our Residents, Family and Friends of Maroba,

As the Summer Holiday season draws to an end and NSW is reaching its 9th day of zero community transmission, I am delighted to say we are able to relax some of the current restrictions. Of course we will be diligent in continuing to review the NSW Health advise for aged care, watching news from New Zealand and those areas where new issues arises, but for now:

Key changes

- Visitors who reside in or have visited the following areas are excluded :
 - Suburbs in the Canterbury LGA - Ashbury, Belfield, Campsie, Canterbury, Clemtown Park, Croydon Park, Earlwood, Hurlstone Park
 - Cumberland City Council area
 - Rooty Hill
 - Any person who has been to any areas of concern in New Zealand since 14 January 2021.
- Until further notice we are happy for residents to leave the facility for social leave. All requests for Social leave will be considered keeping in mind that anyone participating in the outing or external event must also comply with the same restrictions as if they were visiting the facility. The leave form is to be completed on Maroba's website and must be fully completed and submitted at least 48 hours prior to the planned leave. Masks in external settings are strongly advised, as is social distancing and hand hygiene.
- Medical appointments will be facilitated, but again we recommend wearing of masks, social distancing and regular hand hygiene. Early appointments are ideal where ever possible and avoid crowded waiting rooms by perhaps waiting in the car or outside if the weather is suitable. Please complete the excursion form available on our website.
- Bus Trips resumed recently, and pleasingly residents are now able to vacate the bus at a suitable venue or outside area for lunch and/or morning or afternoon tea.

To re-cap visitation arrangements.

- Weekday visiting is between 10am and 4.30pm. Only 2 visitors per resident at a time and no appointment necessary.



- Weekend visiting is by appointment only for those who, for legitimate reasons cannot make it during the allocated weekday times. Appointments are to be made via Reception during office hours.
- Please note that visitation outside of these arrangements will be facilitated for special care needs and for active palliation. The Director of Care will make contact if such visitation is required. Of course if you already have such an arrangement in place that will continue at this time.
- All staff and visitors to the facility must wear a mask.
- In room visits only
- No congregating in any communal space / No stopping for coffee
- Social distancing and Hand Hygiene must be maintained

Please share these changes with other family members and friends to ensure they too are aware of the changes.

Whilst this relaxing of arrangements is great news, we remain on high alert and continue to carefully monitor the emergence of Covid-19 cases throughout NSW the nation and now New Zealand. Keep up to date with the latest NSW news

<https://www.health.nsw.gov.au/Infectious/covid-19/Pages/racf-latest-advice.aspx>

Vaccination

There is lots of commentary in the media about vaccinations and when they will be available to older people in Residential Aged Care. Whilst we have engaged at every opportunity with the Health authorities we are yet to establish a firm date for the roll out of the Pfizer Vaccine. Maroba is continuing with our internal planning to ensure that when we get a green light we will be able to make the Vaccination program as smooth as possible. Please note we have been advised that a team of external Health professionals will be sent to us for the program. Our role is to co-operate with that team, to provide the venue and any other support needed. As more information is provided to us we will make it available to our Maroba community. Please do not hesitate to ask any questions as we will find the answers as best we can.

Thank you for your continued co-operation and support.

Please do not hesitate to contact Reception on (02) 4935 0300 or email enquiries@maroba.com.au to have individual questions answered by the most appropriate staff member.

Yours sincerely,

Viv Allanson, CEO