MAROBA CONNECT

OCTOBER 2021





Greetings to our Maroba Community,

I hope you have been enjoying this beautiful weather and taking the opportunity to be outside more. It is important for us to remember that there are still cases in our LGA and surrounding areas. Unfortunately over the last few days the cases have been escalating and the concerning issue is the large proportion of cases that actually were infectious in the community with Covid. The list of exposure sites is growing rapidly each day and includes dozen of shops, supermarkets, hardware stores, medical centres and Newcastle Airport. Please take care and remember to minimise movements, social distance, wear masks correctly, practice hand hygiene regularly and get tested if you are experiencing any signs or symptoms. As difficult as some of these restrictions are and have been. I do believe we still live in the 'lucky country'. It has certainly made us appreciate the small things in life and not to take things for granted.

We all understand and are experiencing how difficult it is, not to be able to visit our loved ones and we can only hope this will change in the near future. I know it is not the same however we love keeping you connected by facetime or zoom and will always do our best to make this happen. Our amazing staff continue to provide comfort, support and a variety of social activities to keep all the residents engaged and living the best life they can.

The residents are enjoying socialising in small suburb groups in The Junction Café and lodge auditorium, going to the gym, BBQ's and more outdoor activities. I hope you are enjoying the photos on facebook or via email. When the 'stay at home' restrictions ease we anticipate being able to take our residents out on bus trips.

As restrictions ease we do anticipate we will be able to welcome visitors back, with some restrictions. We foresee we will be required to ask visitors for proof of a Covid vaccine, like we did in 2020 for the influenza vaccine. To assist us to be ready to welcome you, if you have received both Covid vaccines could you please forward a copy of the My Gov certificate to us at your earliest convenience. The Covid vaccination certificate can be emailed to enquiries@maroba.com.au.

On another note, the Lodge refurbishment has been delayed slightly due to the latest Covid outbreak and subsequent restrictions. However, we are planning to recommence with the anticipated ease of restrictions in the next month and will be aiming for completion by Christmas. Everyone is very excited to see the completion and look forward to enjoying the new facilities.

Did you know that Friday 1 October is the International day of the Older Person?

Traditionally it is a day that we highlight the important contributions that older people make to society and raise awareness of the issues and challenges of ageing in today's world. Let's recognise and appreciate our older people. Hunter Ageing Alliance is a grass roots organisation that is doing just that, advocating for the older person and to plan for the Hunter region to be an age-friendly community that better meets the needs of the older person. It is free to sign up and if you haven't already you can sign up via www. hunterageingalliance.com.

Until next time, stay well and stay safe.

- Tracy Walker GM Operations



Introducing Janet Wright

We introduce Janet Wright who joined us recently in the position of Clinical Care Partner.

With over 35 years in the nursing profession, 10 of which has been in the aged care sector Janet is well qualified to be part of our Clinical team.

Janet has worked in many areas of the hospital system including the surgical, respiratory, accident and emergency areas before relocating to Nelson Bay in 2000. After a 12 year stint at the Tomaree community hospital and as a casual midwife in Newcastle Janet decided to change careers and work in the aged care sector, an area she finds is incredibly rewarding.



"What I value most is the relationships – the lasting and meaningful bond I am able to forge with some beautiful, fascinating older souls, many of who have lots of good stories to tell and wisdom to impart. Being able to bring dignity, humour and a high-level of care to people in their latter years is one of the greatest rewards of working in the aged care sector.'

Janet was born in England and lived in NZ for 6 years before coming to Australia. Happily married with 3 beautiful children, two poodles and 4 grandsons, Janet is hoping for a little pink package in the near future. In her spare time Janet enjoys making cakes and restoring old furniture.

Janet works in partnership with Linda Winn, Director of Care and is responsible for the operational governance of the clinical team and staff management of the care team leaders and care staff. Janet looks forward to touching base with the resident's families.

50th Anniversary of Operation Ivanhoe & Battle of Nui Le

We acknowledged the 50th anniversary of Operation Ivanhoe and the Battle of Nui Le on 20 September. The Battle of Nui Le was the last major battle fought by Australian forces in Vietnam. At the BlueGum BBQ, Alf gave an impromptu Ode of Remembrance with Ziggy at his side.

Daylight Saving

Don't forget to turn your clocks forward on Saturday, 3 October 2021.



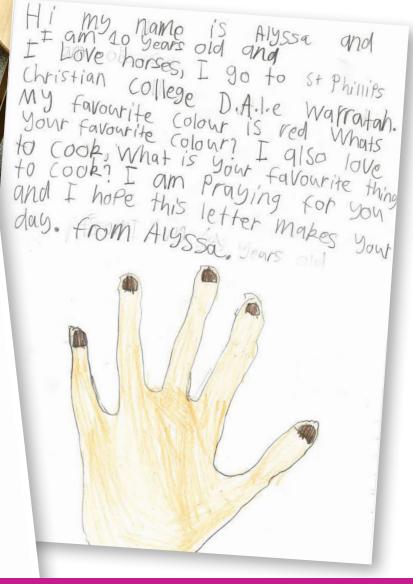
Fun Fact

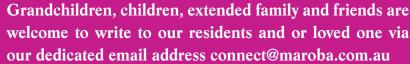
The iconic Sydney Opera House opened on 20 October 1973.



Correspondence

Residents received with thanks some lovely and uplifting correspondence & drawings recently from Belmont North Primary School, Year 5 & 6 @ DALE, St Phillips School, Waratah and Narnia Pre-School.







SOCIAL HIGHLIGHTS





For Suggestions, Compliments, Concerns and Complaints

Help us improve our Care & Services.

'Have your Say' flyer with forms are available at the entrance to The Manor and The Lodge and an e-copy is available on our website under 'Contact Us'.





58 Edith Street, Waratah NSW 2298



www.maroba.com.au Connecting community online

For news, online enquiries, general information including careers & volunteering.

24 hours (02) 4935 0300



Reception Hours

Monday to Friday 8.30am - 4.30pm



feedback@maroba.com.au

For Suggestions, Compliments, Concerns & Complaints

connect@maroba.com.au

For corresponding with residents

enquiries@maroba.com.au

For all general enquiries

marketing@maroba.com.au

For requests to receive newsletters and other general information from Maroba

Follow us on Facebook

