





LODGE – Social Engagement Program - January 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
		NEW YEARS DAY PUBLIC HOLIDAY Games, Crosswords, Wordsearches, Puzzles, Movies, Music & Art Therapy will be available	PET THERAPY 10am-12pm 9:30 Movement Group 10:30 Music Therapy Singalong 1:30 	9:30 Movement Group 10:00 Trivia & Cognitive Games 10:15 Scenic Bus Trip 1:30 Mindfulness Group 1:30 Craft & Chat	10:30 	9.30 Church
6	7	8	9	10	11	12
9:30 Movement Group 10:30 Trivia & Cognitive Games 1:30 	9:30 Movement Group 10:30 Anglican Church IN THE MANOR 10:30 Shuffleboard 1:30 Reminiscing: Childhood Sweets	9:30 Movement Group 10:15 Scenic Bus Trip 10:30 Church Service 10:30 Elvis Trivia 1:30 Elvis Movie: Blue Hawaii	9:30 Movement Group 10:30 Sammy Hollier CONCERT 1:30 	9:30 Movement Group 10:00 Trivia & Cognitive Games 10:15 Scenic Bus Trip 1:30 Mindfulness Group 1:30 Craft & Chat	10:30 	9.30 Church
13	14	15	16	17	18	19
9:30 Movement Group 10:30 Trivia & Cognitive Games 1:30 	9:30 Movement Group 10:30 Ten-Pin Bowling 1:00 Bible Study 1:30 Happy Hour & Singalong	9:30 Movement Group 10:15 Scenic Bus Trip 10:30 Daniel Arvidson CONCERT - Manor 10:30 Church Service 1:30 Australian Movie: 'Red Dog'	PET THERAPY 10am-12pm 9:30 Movement Group 10:30 Dance Therapy 1:30 	9:30 Movement Group 10:00 Trivia & Cognitive Games 10:15 Scenic Bus Trip 1:30 Mindfulness Group 1:30 Craft & Chat	10:30 	9.30 Church

Please turn over page for the remainder of the month

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20	21	22	23	24	25	26
9:30 Movement Group 10:30 Armchair Travel around Australia 12:00 Pizza Lunch & Italian Music (in Waratah Wing) 1:30 	9:30 Movement Group 10:30 Golf Tournament 1:30 Reminiscing about Australian History	9:30 Movement Group 10:30 Church Service 11:30 Lunch Outing at The Wetlands 1:30 Aussie-Themed Sports Games	9:30 Outdoor Walks 10:30 Catholic Mass (in the Manor) 10:30 Aussie Snacks & Music Singalong 1:30 	9:30 Movement Group 10:00 Trivia & Cognitive Games 10:15 Scenic Bus Trip 1:30 Mindfulness Group 1:30 Craft & Chat	10:30 	9.30 Church
27	28	29	30			
AUSTRALIA DAY PUBLIC HOLIDAY Games, Crosswords, Wordsearches, Puzzles, Movies, Music & Art Therapy will be available	9:30 Movement Group 10:30 Carpet Bowls 1:30 	9:30 Movement Group 10:30 Church Service 11:30 Lunch Outing - Fish & Chips by the beach 1:30 Singalong to famous musicals	PET THERAPY 10am-12pm 9:30 Movement Group 10:30 Poetry Reading 1:30 			

***Activities may be subject to change**