



ACTIVITIES – MAY 2025



Church Hymn Sing on a Monday will now be held at 10:45am, instead of 11am

We have a new activity starting! Once a fortnight we will be holding 'Sports Fans' - an afternoon where whatever sports game our residents chose is displayed on the large screen in the Junction, and residents get together to watch and enjoy snacks & drinks

Activities are subject to change at any time.

All residents are invited to activities in both The Manor & The Lodge.
Please see a staff member if you need assistance travelling between buildings.

Music, Movies, Books & Games are available on weekends & after hours in your suburb.

Please see staff for assistance.

MANOR

LODGE

Thursday 1st May



CINCO DE MAYO



Luncheon & Daniel Arvidson Concert
10:30am in the Manor

FRI 2nd	10:00	Movement Group - downstairs Bus Trip to Food & Friendship	10:00	Movement Group
	10:45	Bingo - upstairs	10:45	Shuffleboard
	1:30	Men's Club Music Therapy - downstairs	1:30	Trivia
	3:30	Current Affairs & Trivia - upstairs	3:30	Current Affairs & Trivia in the Manor
SAT 3rd	10:30	Reminiscing Books available in library	10:30	Bingo
	1:15	Music Singalong in your suburb	1:15	Music Singalong in your suburb
SUN 4th	9:30	Salvation Army Band in Lodge	9:30	Salvation Army Band
	10:30	Bingo	10:30	Shuffleboard
	1:15	Cards, Dominos & Scrabble	1:15	Cards, Dominos & Scrabble



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MANOR			LODGE	
MON 5 th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Putt-Putt Golf - upstairs Active Games - <i>downstairs</i>	10:45	Trivia
	1:30	Ladies Coffee Club - <i>upstairs</i> One on One room visits	1:30	Bingo
	3:30	Music Therapy - <i>upstairs</i>	3:30	Music Therapy <i>in the Manor</i>
TUE 6 th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Cooking: Scones - <i>upstairs</i> Outside Walks Anglican Church - <i>downstairs</i>	10:45	Les Peterkin Piano Concert
	1:30	Table Games - <i>upstairs</i> Reminiscing - <i>downstairs</i>	1:30	Jesmond School students
	3:00	Art Therapy - <i>upstairs</i>	3:00	Art Therapy <i>in the Manor</i>
WED 7 th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Trivia - <i>upstairs</i> Shopping Bus Trip to Glendale	10:45	Church Service One on one room visits
	1:30	Bingo - <i>upstairs</i> Music Therapy – <i>downstairs</i>	1:30	Craft
	3:30	Footy Tipping	3:30	Footy Tipping
THUR 8 th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Dot's 90 th Birthday Party - <i>upstairs</i>	10:45	Armchair Travel to Mexico
	1:30	Armchair Travel to Mexico - <i>upstairs</i> Trivia - <i>downstairs</i>	1:30	Bingo
	3:00	Prayer Group		
FRI 9 th	10:00	Movement Group - <i>downstairs</i> Scenic Bus Trip	10:00	Movement Group Scenic Bus Trip
	10:45	Mothers Day Morning Tea & Concert	10:45	Mothers Day Celebrations <i>in Manor</i>
	1:30	Bingo - <i>upstairs</i>	1:30	Jack's 102 nd Birthday Party
	3:30	Current Affairs & Trivia - <i>upstairs</i>	3:30	Current Affairs & Trivia <i>in the Manor</i>
SAT 10 th	10:30	Reminiscing Books available in library	10:30	Bingo
	1:15	Music Singalong in your suburb	1:15	Music Singalong in your suburb
SUN 11 th	9:30	Church Live Stream	9:30	Church Live Stream
	10:30	Bingo	10:30	Shuffleboard
	1:15	Cards, Dominos & Scrabble	1:15	Cards, Dominos & Scrabble



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	MANOR		LODGE	
MON 12 th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Hymn Sing Church Service – <i>downstairs</i> Ten Pin Bowling - <i>upstairs</i> Active Games - <i>downstairs</i>	10:45	'History of Nursing' talk
	1:30	'History of Nursing' talk - <i>upstairs</i> One on One room visits	1:30	Bingo
	3:30	Music Therapy - <i>upstairs</i>	3:30	Music Therapy <i>in the Manor</i>
TUE 13 th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Trivia - <i>upstairs</i> Outside Walks	10:45	Tour of Maroba Manor
	1:30	Ladies Coffee Club- <i>upstairs</i> Board Games - <i>downstairs</i>	1:30	Jesmond School students
	3:00	Art Therapy - <i>upstairs</i>	3:00	Art Therapy <i>in the Manor</i>
WED 14 th	<div>  10am – 11:30am in the Lodge Auditorium This is Your Life: Viv Allanson (No exercises today, & Church will be at 1:30pm)  </div>			
	1:30	Bingo - <i>upstairs</i> Scenic Bus Trip	1:30	Church Service
	3:30	Footy Tipping	3:30	Footy Tipping
THUR 15 th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Music Therapy: Aussie Music - <i>upstairs</i> Art Therapy - <i>downstairs</i>	10:45	Music Therapy Singalong
	1:30	Paint & Sip - <i>upstairs</i> Trivia - <i>downstairs</i>	1:30	Bingo
			3:00	Prayer Group
FRI 16 th	10:00	Movement Group - <i>downstairs</i> Bus Trip to Food & Friendship	10:00	Movement Group Bus Trip to Food & Friendship
	10:45	Bingo - <i>upstairs</i>	10:45	Carpet Bowls
	1:30	Sports Fans - <i>upstairs</i> Music Therapy - <i>downstairs</i>	1:30	Cooking: Scones
	3:30	Current Affairs & Trivia - <i>upstairs</i>	3:30	Current Affairs & Trivia <i>in the Manor</i>
SAT 17 th	10:30	Reminiscing Books available in library	10:30	Bingo
	1:15	Music Singalong in your suburb	1:15	Music Singalong in your suburb
SUN 18 th	9:30	Church Live Stream	9:30	Church Live Stream
	10:30	Bingo	10:30	Shuffleboard
	1:15	Cards, Dominos & Scrabble	1:15	Cards, Dominos & Scrabble

	MANOR		LODGE	
MON 19 th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	'Minute To Win It' Games – <i>upstairs</i> Hymn Sing Church Service – <i>downstairs</i> Active Games - <i>downstairs</i>	10:45	Trivia
	1:30	Ladies Coffee Club - <i>upstairs</i> One on One room visits	1:30	Bingo
	3:30	Music Therapy - <i>upstairs</i>	3:30	Music Therapy <i>in the Manor</i>
TUE 20 th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	 Cancer Council 'Biggest Morning Tea' & Acknowledging our Volunteers with Les Peterkin Piano Concert <i>In the Manor</i> 		
	1:30	Table Games - <i>upstairs</i> Reminiscing- <i>downstairs</i>	1:30	Jesmond School students
	3:00	Art Therapy - <i>upstairs</i>	3:00	Art Therapy <i>in the Manor</i>
WED 21 st	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Riverwaters Country Band - <i>upstairs</i> Scenic Bus Trip with Fish & Chips lunch	10:45	Church Service One on one room visits
	1:30	Bingo - <i>upstairs</i> Music Therapy – <i>downstairs</i>	1:30	Craft
	3:30	Footy Tipping	3:30	Footy Tipping
THUR 22 nd	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Music Therapy: Country Music - <i>upstairs</i> Art Therapy - <i>downstairs</i> Catholic Mass – <i>downstairs</i>	10:45	Music Therapy Singalong
	1:30	Cooking Jam Drops - <i>upstairs</i> Trivia - <i>downstairs</i>	1:30	Bingo
	3:00	Prayer Group		
FRI 23 rd	10:00	Movement Group - <i>downstairs</i> Scenic Bus Trip	10:00	Movement Group Scenic Bus Trip
	10:45	Bingo - <i>upstairs</i>	10:45	Ten-Pin Bowling
	1:30	Men's Club Music Therapy - <i>downstairs</i>	1:30	Viewing of 'Don Quixote' Ballet
	3:30	Current Affairs & Trivia - <i>upstairs</i>	3:30	Current Affairs & Trivia <i>in the Manor</i>
SAT 24 th	10:30	Reminiscing Books available in library	10:30	Bingo
	1:15	Music Singalong in your suburb	1:15	Music Singalong in your suburb
SUN 25 th	9:30	Church Live Stream	9:30	Church Live Stream
	10:30	Bingo	10:30	Shuffleboard
	1:15	Cards, Dominos & Scrabble	1:15	Cards, Dominos & Scrabble



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	MANOR		LODGE	
MON 26 th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	'Sorry Day' presentation – <i>upstairs</i> Hymn Sing Church Service – <i>downstairs</i> Active Games - <i>downstairs</i>	10:45	'Sorry Day' presentation
	1:30	Ladies Coffee Club - <i>upstairs</i> One on One room visits	1:30	Bingo
	3:30	Music Therapy - <i>upstairs</i>	3:30	Music Therapy <i>in the Manor</i>
TUE 27 th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Shuffleboard – Manor v Lodge Outside Walks	10:45	Shuffleboard – Manor v Lodge
	1:30	Sports Fans - <i>upstairs</i> Board Games - <i>downstairs</i>	1:30	Jesmond School students
	3:00	Art Therapy - <i>upstairs</i>	3:00	Art Therapy <i>in the Manor</i>
WED 28 th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Trivia Music Therapy – <i>downstairs</i>	10:45	Church Service One on one room visits
	1:30	Bingo - <i>upstairs</i> Scenic Bus Trip	1:30	Craft Scenic Bus Trip
	3:30	Footy Tipping	3:30	Footy Tipping
THUR 29 th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Music Therapy: Our Favourites - <i>upstairs</i> Armchair Travel - <i>Honeysuckle</i>	10:45	Cooking: Jam Drops
	1:30	Gardening Club	1:30	Bingo
		Trivia - <i>downstairs</i>	3:00	Prayer Group
FRI 30 th	10:00	Movement Group - <i>downstairs</i> Bus Trip to Food & Friendship	10:00	Movement Group Bus Trip to Food & Friendship
	10:45	Bingo - <i>upstairs</i>	10:45	Putt-Putt Golf
	1:30	Trivia Competition – Upstairs v Downstairs	1:30	Trivia
	3:30	Current Affairs & Trivia - <i>upstairs</i>	3:30	Current Affairs & Trivia <i>in the Manor</i>
SAT 31 st	10:30	Reminiscing Books available in library	10:30	Bingo
	1:15	Music Singalong in your suburb	1:15	Music Singalong in your suburb