



ACTIVITIES – AUGUST 2025



Activities are subject to change at any time.

All residents are invited to activities in both The Manor & The Lodge.

Please see a staff member if you need assistance travelling between buildings.

Kayo Sports, Music, Movies, Books & Games are available on weekends & after hours in your suburb. Please see staff for assistance.

MANOR

LODGE

**FRI
1st**

MAROBA PUBLIC HOLIDAY

**SAT
2nd**

10:30

Reminiscing books available in library

10:30

Bingo

1:15

Music Singalong in your suburb

1:15

Music Singalong in your suburb

**SUN
3rd**

9:30

Salvation Army Band in the Lodge

9:30

Salvation Army Band

10:30

Bingo

10:30

Shuffleboard

2:00

God's Choir in the Lodge

2:00

God's Choir



	MANOR		LODGE	
MON 4 th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Indoor Golf Church Service– <i>downstairs</i> Exercises & Active Games - <i>downstairs</i>	10:45	Trivia
	1:30	Resident’s Meeting – upstairs One on One Room Visits Men’s Speech Group - downstairs	1:30	Bingo
	3:30	Music Therapy - <i>upstairs</i>	3:30	Music Therapy <i>in the Manor</i>
TUE 5 th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Les Peterkin piano concert Anglican Church Service – <i>downstairs</i> Music Therapy in Waratah	10:45	Shuffleboard Anglican Church <i>in the Manor</i>
	1:30	Carolyn Gibbins Travel Talk Trivia - <i>downstairs</i>	1:30	Jesmond School Students
	3:00	Tech Support	3:00	Art Therapy <i>in the function room</i>
WED 6 th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Bus Trip Outing to Newcastle Library Trivia - <i>upstairs</i>	10:45	Bus Trip to Newcastle Library Church Service Newspaper Group <i>in the cafe</i>
	1:30	Bingo – <i>upstairs</i> Sensory Relaxation in Honeysuckle	1:30	Armchair Travel to Japan
	3:30	Footy Tipping	3:30	Footy Tipping
THUR 7 th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Music Therapy in your suburb	10:45	Music Therapy in your suburb
	1:30	Art & Craft Therapy - <i>upstairs</i> Sensory Relaxation in Waratah	1:30	Bingo
			3:00	Prayer Group with Hannah
FRI 8 th	10:00	Movement Group - <i>downstairs</i> Bus Trip to Food & Friendship	10:00	Movement Group Bus Trip to Food & Friendship
	10:45	Bingo Hymnsing in Waratah	10:45	Adam Price & The Line Dancers
	1:30	Ladies Coffee Club - <i>upstairs</i> Reminiscing Group - <i>downstairs</i>	1:30	Craft
	3:30	Current Affairs & Trivia - <i>upstairs</i>	3:30	Current Affairs & Trivia <i>-in Manor</i>
SAT 9 th	10:30	Reminiscing Books available in library	10:30	Bingo
	1:15	Music Singalong in your suburb	1:15	Music Singalong in your suburb
SUN 10 th	9:30	Church Live Stream	9:30	Church Live Stream
	10:30	Bingo	10:30	Shuffleboard
	1:30	Outside Walks	1:30	Outside Walks



	MANOR		LODGE	
MON 11 th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	National Science Week Fun Church Service - <i>downstairs</i> Exercises & Active Games - <i>downstairs</i>	10:45	Shuffleboard
	1:30	Ladies Coffee Club One on One Room Visits Men's Speech Group - <i>downstairs</i>	1:30	Bingo
	3:30	Music Therapy - <i>upstairs</i>	3:30	Music Therapy <i>in the Manor</i>
TUE 12 th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Lemon Drops Concert - <i>upstairs</i> Music Therapy in Waratah	10:45	Cooking: Apple Crumble
	1:30	'World Elephant Day' Presentation Trivia - <i>downstairs</i>	1:30	Jesmond School Students for 'International Youth Day'
	3:00	Tech Support	3:00	Art Therapy <i>in the function room</i>
WED 13 th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Trivia - <i>upstairs</i> Scenic Bus Trip	10:45	Church Service Newspaper Group <i>in the cafe</i>
	1:30	Bingo - <i>upstairs</i> Sensory Relaxation in Honeysuckle	1:30	Men's Group
	3:30	Footy Tipping	3:30	Footy Tipping
THUR 14 th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Balloon Tennis & Beanbag Toss <i>upstairs</i> Music Therapy in Honeysuckle	10:45	Bingo
	1:30	Cooking: Apple Crumble - <i>upstairs</i> Sensory Relaxation in Waratah	1:30	National Science Week Fun
	3:00	Prayer Group with Hannah		
FRI 15 th	10:00	Movement Group – <i>downstairs</i> Scenic Bus Trip	10:00	Movement Group Scenic Bus Trip
	10:45	Bingo – <i>upstairs</i> Hymnsing in Waratah	10:45	Craft & Maroba Homemakers
	1:30	St Phillips school students - <i>upstairs</i> Reminiscing Group - <i>downstairs</i>	1:30	Book Club
	3:30	Current Affairs & Trivia - <i>upstairs</i>	3:30	Current Affairs & Trivia <i>in the Manor</i>
SAT 16 th	10:30	Reminiscing Books available in library	10:30	Bingo
	1:15	Music Singalong in your suburb	1:15	Music Singalong in your suburb
SUN 17 th	9:30	Church Live Stream	9:30	Church Live Stream
	10:30	Bingo	10:30	Shuffleboard
	1:30	Outside Walks	1:30	Outside Walks



	MANOR		LODGE	
MON 18 th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Minute to Win It Games - <i>upstairs</i> Church Service - <i>downstairs</i> Exercises & Active Games - <i>downstairs</i>	10:45	Trivia
	12:00	Cultural Luncheon – <i>upstairs</i>	12:00	Cultural Luncheon in the Manor
	1:30	Ladies Coffee Club - <i>upstairs</i> One on One Room Visits Men's Speech Group - <i>downstairs</i>	1:30	Resident's Meeting
	3:30	Music Therapy - <i>upstairs</i>	3:30	Music Therapy <i>in the Manor</i>
TUE 19 th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Kerryn Grant Concert – <i>upstairs</i> Music Therapy in Waratah	10:45	Les Peterkin piano concert
	1:30	Maroba Cinema: 'Copelia' Ballet Trivia - <i>downstairs</i>	1:30	Jesmond School Students
	3:00	Tech Support	3:00	Art Therapy <i>in the function room</i>
WED 20 th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Trivia - <i>upstairs</i> Scenic Bus Trip	10:45	Church Service Newspaper Group <i>in the cafe</i>
	1:30	Bingo – <i>upstairs</i> Sensory Relaxation in Honeysuckle	1:30	Maroba Cinema: 'Copelia' Ballet
	3:30	Footy Tipping	3:30	Footy Tipping
THUR 21 st	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Music Therapy: Talented Kids - <i>upstairs</i> Music Therapy in Honeysuckle	10:45	Bingo
	1:30	Art & Craft Therapy - <i>upstairs</i> Sensory Relaxation in Waratah	1:30	Poetry Reading
			3:00	Prayer Group with Hannah
FRI 22 nd	10:00	Movement Group - <i>downstairs</i> Bus Trip to Food & Friendship	10:00	Movement Group Bus Trip to Food & Friendship
	10:45	Kym the Reptile Man - <i>upstairs</i> Hymnsing in Waratah	10:45	Craft & Maroba Homemakers
	1:30	BINGO with St Phillips School Reminiscing Group - <i>downstairs</i>	1:30	Book Club
	3:30	Current Affairs & Trivia - <i>upstairs</i>	3:30	Current Affairs & Trivia <i>in the Manor</i>
SAT 23 rd	10:30	Reminiscing Books available in library	10:30	Bingo
	1:15	Music Singalong in your suburb	1:15	Music Singalong in your suburb
SUN 24 th	9:30	Church Live Stream	9:30	Church Live Stream
	10:30	Bingo	10:30	Shuffleboard
	1:30	Outside Walks	1:30	Outside Walks

MANOR			LODGE	
MON 25th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Shuffleboard Comp Manor v Lodge Church Service– <i>downstairs</i> Exercises & Active Games - <i>downstairs</i>	10:45	Shuffleboard Comp Manor v Lodge
	1:30	Ladies Coffee Club One on One Room Visits Men's Speech Group - <i>downstairs</i>	1:30	Bingo
	3:30	Music Therapy - <i>upstairs</i>	3:30	Music Therapy <i>in the Manor</i>
TUE 26th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Caleb's Tassie Travel Talk - <i>upstairs</i> Music Therapy in Waratah	10:45	Olive Payne Concert
	1:30	Reminiscing: 'School Days' - <i>upstairs</i> Trivia - <i>downstairs</i>	1:30	Jesmond School Students
	3:00	Tech Support	3:00	Art Therapy <i>in the function room</i>
WED 27th	10:00	Movement Group – <i>downstairs</i> Bus Trip to Goodstart Preschool	10:00	Movement Group Bus Trip to Goodstart Preschool
	10:45	Trivia – <i>upstairs</i> Music Therapy in Waratah	10:45	Church Service Newspaper Group <i>in the cafe</i>
	1:30	Bingo – <i>upstairs</i> Sensory Relaxation in Honeysuckle	1:30	Men's Group
	3:30	Footy Tipping	3:30	Footy Tipping
THUR 28th	10:00	Movement Group - <i>downstairs</i>	10:00	Movement Group
	10:45	Armchair Travel to Japan - <i>upstairs</i> Music Therapy in Honeysuckle Catholic Mass - <i>downstairs</i>	10:45	Bingo Catholic Mass <i>in the Manor</i>
	1:30	Cooking Pizzas - <i>upstairs</i> Sensory Relaxation in Waratah	1:30	Cooking Pizzas – <i>in function room</i>
			3:00	Prayer Group with Hannah
FRI 29th	10:00	Movement Group - <i>downstairs</i> Scenic Bus Trip	10:00	Movement Group Scenic Bus Trip
	10:45	Bingo – <i>upstairs</i> Hymnsing in Waratah	10:45	Craft & Maroba Homemakers
	1:30	St Phillips school students - <i>upstairs</i> Reminiscing Group - <i>downstairs</i>	1:30	Book Club
	3:30	Current Affairs & Trivia	3:30	Current Affairs & Trivia <i>in the Manor</i>
SAT 30th	10:30	Reminiscing Books available in library	10:30	Bingo
	1:15	Music Singalong in your suburb	1:15	Music Singalong in your suburb
SUN 31st	9:30	Church Live Stream	9:30	Church Live Stream
	10:30	Bingo	10:30	Shuffleboard
	1:30	Outside Walks	1:30	Outside Walks

