



Welcome to your new-look calendar for November! The calendar is now more spread out, so it is easier to see what's available.

Everyone is welcome to any activity, in any area!

Please note: activities are subject to change & residents will be informed of any changes as early as possible.

Dominos, Cards, Books, Movies & Music are available after-hours. Please see the staff in your area.

		The Junction (Manor Upstairs)	The Lighthouse (Manor Downstairs)		Lodge (Auditorium)	Bus
Sat	10:45am	Reminiscing Books		10:45am	Bingo	
1st	1:30pm	Suburb Singalong		1:30pm	Suburb Singalong	
Coop	9:30am	Church Live Stream		9:30am	Salvation Army Band	
Sun 2nd	10:45am	Bingo		10:45am	Shuffleboard	
Zilu	2:00pm	God's Choir (Lodge)		2:00pm	God's Choir	





		The Junction		The Lighthouse		Lodge		
		(Manor Upstairs)		(Manor Downstairs)		(Auditorium)		Bus
			10:00am	Movement Group	10:00am	Movement Group		
Mon	10:45am	Music Singalong	10:45am	Church Service	10:45am	Lemon Drops Concert		
3rd	1:30pm	Ladies Coffee Club	1:30pm	Resparke & VR sessions	1:30pm	Bingo		
Sid	3:30pm	Scrabble & Cards						
					9:00am	Tai Chi		
T			10:00am	Movement Group	10:00am	Movement Group		
Tue 4th	10:45am	Melbourne Cup Games	10:45am	Memory Care Exercises	10:45am	Trivia		
4111	1:30pm	Melbourne Cup Party	1:30pm	Melbourne Cup Party	1:30pm	Jesmond Public School		
	3:00pm	Watch the Race						
			10:00am	Movement Group	10:00am	Movement Group	10:00am	Lunch at
Wed	10:45am	Trivia	10:45am	Reminiscing Hour	10:45am	Church Service		Waterboard
5th	1:30pm	Suburb Singalong	1:30pm	Our Stories Our Strength	1:30pm	Suburb Singalong		Bowling
	3:30pm	Men's Club						Club
			10:00am	Movement Group	10:00am	Movement Group		
Thur	\wedge			HOLLYWOOD THEME		\wedge \wedge \wedge		
6th			T	DAY & CONCERT 10:45AM	N	WW.		
			10:00am	Movement Group	10:00am	Movement Group	10:00am	Scenic Bus
Fri	10:45am	Bingo	10:45am	Waratah Hymns & Scripture	10:45am	Craft & Homemakers		
7th	1:30pm	Visit from St Phillips	1:30pm	Armchair Travel	1:30pm	Book Club		
	3:30pm	Current Affairs & Trivia						
Sat	10:45am	Reminiscing Books			10:45am	Bingo		
8th	1:30pm	Suburb Singalong			1:30pm	Suburb Singalong		
Cum	9:30am	Church Live Stream			9:30am	Church Live Stream		
Sun 9th	10:45am	Bingo			10:45am	Shuffleboard		
901	2:00pm	God's Choir (Lodge)			2:00pm	God's Choir		





		The Junction		The Lighthouse		Lodge		Bus
		(Manor Upstairs)		(Manor Downstairs)		(Auditorium)		bus
			10:00am	Movement Group	10:00am	Movement Group		
	10:45am	Music Singalong	10:45am	Church Service	10:45am	Trivia		
Mon	1:30pm	Ladies Coffee Club	1:30pm	Resparke & VR sessions	1:30pm	Bingo		
10th	3:30pm	Scrabble & Cards						
					9:00am	Tai Chi		
_			10:00am	Movement Group	10:00am	Outside Walks		
Tue 11th		REMEMBRANCE	DAY	CEREMONY 10:45AM	IN THE	LODGE		
11111	1:30pm	Gardening Club	1:30pm	Trivia (in Honey)	1:30pm	Shuffleboard		
	3:30pm	Outside Walks						
			10:00am	Movement Group	10:00am	Movement Group	10:00am	Scenic Bus
Wed	10:45am	Trivia	10:45am	Reminiscing Hour	10:45am	Church Service		
12 th	1:30pm	Bingo	1:30pm	Our Stories Our Strength	1:30pm	Newcastle History Talk		
	3:30pm	Men's Club						
			10:00am	Movement Group	10:00am	Movement Group		
Thur	10:45am	Wearing Our Memories	10:45am	Art Therapy	10:45am	Music Therapy		
13th	1:30pm	Art & Craft	1:30pm	Music Therapy Thursday	1:30pm	Bingo		
13011					3:00pm	Fellowship Group		
			10:00am	Movement Group	10:00am	Movement Group	10:00am	Bus to
Fri	10:45am	Bingo	10:45am	Waratah Hymns & Scripture	10:45am	Craft & Homemakers		Food &
14th	1:30pm	Visit from St Phillips	1:30pm	Armchair Travel	1:30pm	Book Club		Friendship
,	3:30pm	Current Affairs & Trivia						
Sat	10:45am	Reminiscing Books			10:45am	Bingo		
15th	1:30pm	Suburb Singalong			1:30pm	Suburb Singalong		
Cur	9:30am	Church Live Stream			9:30am	Church Live Stream		
Sun 16th	10:45am	Bingo			10:45am	Shuffleboard		
10111	2:00pm	God's Choir (Lodge)			2:00pm	God's Choir		





		The Junction	†	The Lighthouse	r	Lodge		D
		(Manor Upstairs)		(Manor Downstairs)		(Auditorium)		Bus
			10:00am	Movement Group	10:00am	Movement Group		
	10:45am	Music Singalong	10:45am	Church Service	10:45am	Shuffleboard		
Mon	1:30pm	Ladies Coffee Club	1:30pm	Resparke & VR sessions	1:30pm	Bingo		
17th	3:30pm	Scrabble & Cards						
					9:00am	Tai Chi		
_			10:00am	Movement Group	10:00am	Movement Group		
Tue	10:45am	Silly Sports	10:45am	Memory Care Exercises	10:45am	Sammy Hollier Concert		
18th	1:30pm	Gardening Club	1:30pm	Trivia (in Honey)	1:30pm	Trivia & Brain Games		
	3:30pm	Outside Walks						
\			10:00am	Movement Group	10:00am	Movement Group	10:00am	Scenic Bus
Wed	10:45am	Trivia	10:45am	Reminiscing Hour	10:45am	Church Service		
19th	1:30pm	Bingo	1:30pm	Our Stories Our Strength	1:30pm	Reminiscing Group		
	3:30pm	Men's Club						
			10:00am	Movement Group	10:00am	Movement Group		
Thur	10:45am	Cooking Date Scones	10:45am	Catholic Mass	10:45am	Music Therapy		
20th	1:30pm	Art & Craft	1:30pm	Music Therapy Thursday	1:30pm	Bingo		
2011	3:00pm	Prayer Group						
			10:00am	Movement Group	10:00am	Movement Group	10:00am	Scenic Bus
Fri	10:45am	Bingo	10:45am	Waratah Hymns & Scripture	10:45am	Craft & Homemakers		
21st	1:30pm	Visit from St Phillips	1:30pm	Armchair Travel	1:30pm	Book Club		
	3:30pm	Current Affairs & Trivia						
Sat	10:45am	Reminiscing Books			10:45am	Bingo		
22nd	1:30pm	Suburb Singalong			1:30pm	Suburb Singalong		
Cum	9:30am	Church Live Stream			9:30am	Church Live Stream		
Sun 23rd	10:45am	Bingo			10:45am	Shuffleboard		
ZSIU	2:00pm	God's Choir (Lodge)			2:00pm	God's Choir		



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4		The Junction		The Lighthouse		Lodge		Bus
		(Manor Upstairs)		(Manor Downstairs)		(Auditorium)	,	
			10:00am	Movement Group	10:00am	Movement Group		
	10:45am	Music Singalong	10:45am	Church Service	10:45am	Trivia		
Mon	1:30pm	Ladies Coffee Club	1:30pm	Resparke & VR sessions	1:30pm	Bingo		
24th	3:30pm	Scrabble & Cards						
					9:00am	Tai Chi		
_			10:00am	Movement Group	10:00am	Movement Group		
Tue	10:45am	Shuffleboard Comp	10:45am	Shuffleboard Comp	10:45am	Shuffleboard Comp		
25th	1:30pm	Gardening Club	1:30pm	Trivia (in Honey)	1:30pm	Cooking - Pavlova		
	3:30pm	Outside Walks						
			10:00am	Movement Group	10:00am	Movement Group	10:00am	Bus Outing
Wed	10:45am	Trivia	10:45am	Reminiscing Hour	10:45am	Church Service		to
26th	1:30pm	Bingo	1:30pm	Our Stories Our Strength	1:30pm	Music Singalong: Musicals		
	3:30pm	Men's Club						
			10:00am	Movement Group	10:00am	Movement Group		
Thur	10:45am	Cooking – Pavlova	10:45am	Art Therapy	10:45am	Music Therapy		
27th	1:30pm	Art & Craft	1:30pm	Music Therapy Thursday	1:30pm	Bingo		
	3:00pm	Prayer Group						
Fri			10:00am	Movement Group	10:00am	Movement Group	10:00am	Bus to
28th	10:45am	Bingo	10:45am	Waratah Hymns & Scripture	10:45am	Craft & Homemakers		Food &
	1:30pm	Armchair Travel to	1:30pm	Armchair Travel	1:30pm	Book Club		Friendship
		Greece						
	3:30pm	Current Affairs & Trivia						
Sat	10:45am	Reminiscing Books			10:45am	Bingo		
29th	1:30pm	Suburb Singalong			1:30pm	Suburb Singalong		
Sun	9:30am	Church Live Stream			9:30am	Church Live Stream		
30th	10:45am	Bingo			10:45am	Shuffleboard		
JULII	2:00pm	God's Choir (Lodge)			2:00pm	God's Choir		