



Activities – January 2026

Dear Residents and Families, welcome to 2026!

This year we have many exciting activities happening, with something on offer for everyone. Please enjoy our January calendar and have a safe and happy New Year!

From the Social & Spiritual Engagement Team

Please note: 1st January is a public holiday

	The Manor – Junction		The Manor – Downstairs		The Lodge	
Fri 2nd			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Bingo	10:45am	Hymns & Scripture in Waratah	10:45am	Bingo
	1:30pm	Men's Catch Up	1:30pm	Singalong in Waratah	1:30pm	Art & Craft
	3:30pm	Current Affairs & Trivia				
Sat 3rd	10:45am	Reminiscing			10:45am	Bingo
	1:30pm	Suburb Singalong			1:30pm	Suburb Singalong
Sun 4th	9:30am	Church Live stream			9:30am	Salvation Army Band
	10:45am	Bingo			10:45am	Shuffleboard
	2:00pm	God's Choir in Lodge			2:00pm	God's Choir

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	The Manor – Junction		The Manor – Downstairs		The Lodge	
Mon 5th			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Ladies Coffee Club	10:45am	Church Service	10:45am	Book Club
	1:30pm	Food Focus Meeting	1:30pm	Resparke & VR Sessions	1:30pm	Shuffleboard
Tues 6th					9:00am	Tai Chi
			10:00am	Movement Group	10:00am	Movement Group
	10:45am	'Senior Rights' Guest Speaker	10:45am	Anglican Church Service	10:45am	Les Peterkin piano concert
Wed 7th			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Trivia	10:45am	Waratah Exercises	10:45am	Church with Communion
	1:30pm	Armchair Travel to Greece	1:30pm	Outing Bus Trip: Jesmond Shops	1:30pm	Armchair Travel to Greece
Thur 8th			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Bingo	10:45am	Memory Care Art & Craft	10:45am	Bingo
	1:30pm	Elvis Singalong	1:30pm	Music & Singalong	1:30pm	Elvis Singalong
Fri 9th			3:00pm	Prayer Group		
	10:00am	Bus to Food & Friendship	10:00am	Movement Group	10:00am	Movement Group
	10:45am	Shuffleboard Comp in Manor	10:45am	Waratah Hymns & Scripture	10:45am	Shuffleboard Comp in Manor
Sat 10th			1:30pm	Walks & icecream in Waratah garden	1:30pm	Art & Craft
	10:45am	Reminiscing			10:45am	Bingo
	1:30pm	Suburb Singalong			1:30pm	Suburb Singalong
Sun 11th					9:30am	Salvation Army Band
	9:30am	Church Live stream			10:45am	Shuffleboard
	10:45am	Bingo			2:00pm	God's Choir
Sun 11th						
	2:00pm	God's Choir in Lodge				



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	The Manor – Junction		The Manor – Downstairs		The Lodge	
Mon 12th			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Golf & Ten Pin Bowling	10:45am	Church Service	10:45am	Book Club
	1:30pm	Ladies Coffee Club	1:30pm	VR & Resparke Sessions	1:30pm	Shuffleboard
Tues 13th					9:00am	Tai Chi
			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Bingo	10:45am	Reminiscence Group	10:45am	Bingo
Wed 14th			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Trivia	10:45am	Waratah Exercises	10:45am	Church
	1:30pm	Cooking – Lamingtons	1:30pm	Scenic Bus Trip	1:30pm	Cooking - Lamington
Thur 15th			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Bingo	10:45am	Memory Care Cooking	10:45am	Bingo
	1:30pm	Art & Craft	1:30pm	Music & Singalong	1:30pm	Reminiscing – Australian History
Fri 16th					3:00pm	Hymnsing with Hannah
			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Eloise Sheean Soprano Concert	10:45am	Waratah Hymns & Scripture	10:45am	Music & Singalong
Sat 17th			1:30pm	Scenic Bus Trip	1:30pm	Art & Craft
	10:45am	Reminiscing				
	1:30pm	Suburb Singalong			10:45am	Bingo
Sun 18th					1:30pm	Suburb Singalong
	9:30am	Church Live stream			9:30am	Salvation Army Band
	10:45am	Bingo			10:45am	Shuffleboard
	2:00pm	God's Choir in Lodge			2:00pm	God's Choir



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	The Manor – Junction		The Manor – Downstairs		The Lodge	
Mon 19th			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Balloon Tennis & Nerf Targets	10:45am	Church Service	10:45am	Book Club
	1:30pm	Ladies Coffee Club	1:30pm	VR & Resparke Sessions	1:30pm	Shuffleboard
Tues 20th					9:00am	Tai Chi
			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Bingo	10:45am	Reminiscence Group	10:45am	Bingo
	1:30pm	Gardening Club	1:30pm	Honeysuckle Trivia	1:30pm	Reminiscing Group
Wed 21st			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Trivia	10:45am	Waratah Exercises	10:45am	Church
	1:30pm	Armchair Travel in Australia	1:30pm	Scenic Bus Trip	1:30pm	Armchair Travel in Australia
			1:30pm	Our Stories Our Strength		
Thur 22nd			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Bingo	10:45am	Memory Care Art & Craft	10:45am	Bingo
	1:30pm	Art & Craft	1:30pm	Music & Singalong	1:30pm	Trivia & Brain Games
			3:00pm	Prayer Group		
Fri 23rd	10:00am	Bus to Food & Friendship	10:00am	Movement Group	10:00am	Movement Group
	10:45am	Australia Day Celebrations	10:45am	Waratah Hymns & Scripture	10:45am	Australia Day Celebrations
	1:30pm	Aussie-themed games	1:30pm	Walks & Icecream in Waratah garden	1:30pm	Art & Craft
Sat 24th	10:45am	Reminiscing			10:45am	Bingo
	1:30pm	Suburb Singalong			1:30pm	Suburb Singalong
Sun 25th	9:30am	Church Live stream			9:30am	Salvation Army Band
	10:45am	Bingo			10:45am	Shuffleboard
	2:00pm	God's Choir in Lodge			2:00pm	God's Choir



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	The Manor – Junction		The Manor – Downstairs		The Lodge	
Mon 26th						
Tues 27th			10:00am	Movement Group	9:00am	Tai Chi
	10:45am	Bingo	10:45am	Reminiscence Group	10:00am	Movement Group
	1:30pm	Gardening Club	1:30pm	Honeysuckle Trivia	10:45am	Bingo
	3:30pm	Outside Walks			1:30pm	Reminiscing Group
Wed 28th			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Silly Sports	10:45am	Waratah Exercises	10:45am	Church
	1:30pm	Trivia	11:30am	Lunch Bus Trip to Mortels	1:30pm	Cooking
	3:30pm	VR Sessions	1:30pm	Our Stories Our Strength		
Thur 29th			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Bingo	10:45am	Catholic Mass	10:45am	Bingo
	1:30pm	Art & Craft	1:30pm	Music & Singalong	1:30pm	Trivia & Brain Games
					3:00pm	Hymnsing with Hannah
Fri 30th			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Music & Singalong	10:45am	Waratah Hymns & Scripture	10:45am	Music & Singalong
	1:30pm	Men's Catch Up	1:30pm	Scenic Bus Trip	1:30pm	Art & Craft
	3:30pm	Current Affairs & Trivia				
Sat 31st	10:45am	Reminiscing			10:45am	Bingo
	1:30pm	Suburb Singalong			1:30pm	Suburb Singalong