



Activities –February 2026

Welcome to February!

February sees the return of visits from the wonderful students at Jesmond Public School. They will be visiting us Tuesday afternoons from 25th February, in the Manor.

We also have some exciting concerts scheduled, including The Salvation Army Band, Karen Smith, Sonya Lee, Les Peterkin piano concert and a performance from Bridget Gamble. We will also receive a visit from ‘Wearing Our Memories’ - a showcase of vintage fashion.

Our February bus trips are going to Heritage Gardens Café and plant nursery, Waterboard Bowling Club, Food & Friendship Café, and scenic drives of residents’ choice.

Our Manor downstairs activity calendar now features a range of dementia-specific activities, including reminiscing, singalongs, cooking, craft and active games.

This month we also have activities that acknowledge & celebrate Valentines Day, Shrove Tuesday and Chinese New Year!

The Manor – Junction			The Manor – Downstairs		The Lodge	
Sun 1st	9:30am	Church Live stream			9:30am	Salvation Army Band
	10:45am	Bingo			10:45am	Shuffleboard
	2:00pm	God’s Choir in Lodge			2:00pm	God’s Choir



Activities –February 2026

	The Manor – Junction		The Manor – Downstairs		The Lodge	
Mon 2nd			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Residents Meeting	10:45am	Church Service	10:45am	Book Club
	1:30pm	Ladies Coffee Club	1:30pm	Memory Care Music & Singalong	1:30pm	Movie: Singing in The Rain
	3:30pm	Board Games & Cards				
Tues 3rd			10:00am	Movement Group	9:00am	Tai Chi
			10:45am	Anglican Church in the chapel	10:00am	Movement Group
	10:45am	Bingo	10:45am	Les Peterkin singalong	10:45am	Bingo
	1:30pm	Art & Craft	1:30pm	Memory Care Trivia	1:30pm	Reminiscing Group
Wed 4th						
	10:45am	Trivia	10:00am	Movement Group	10:00am	Movement Group
	11:30am	Outing to Heritage Gardens Cafe	10:45am	Waratah Active Games	10:45am	Church with Communion
	1:30pm	Theme Day Set Up	11:30am	Outing to Heritage Gardens Cafe	11:30am	Outing to Heritage Gardens Cafe
Thur 5th			1:30pm	Our Stories Our Strength	1:30pm	Music & Singalong
	3:30pm	VR & Resparke sessions				
			10:00am	Movement Group	10:00am	Movement Group
	10:45am	BACK TO SCHOOL THEME DAY & CONCERT	10:45am	BACK TO SCHOOL THEME DAY & CONCERT upstairs	10:45am	BACK TO SCHOOL THEME DAY & CONCERT in Manor
Fri 6th					3:00pm	Hymnsing with Hannah
	10:00am		10:00am	Movement Group	10:00am	Movement Group
	10:00am	Bus Trip to Food & Friendship	10:00am	Bus Trip to Food & Friendship	10:00am	Bus Trip to Food & Friendship
	10:45am	Music & Singalong	10:45am	Waratah Hymns & Scripture	10:45am	Shuffleboard
Sat 7th	1:30pm	Men's Group	1:30pm	Active Games	1:30pm	Art & Craft
	3:30pm	Current Affairs & Trivia				
	10:45am	Reminiscing			10:45am	Bingo
Sun 8th	1:30pm	Suburb Singalong			1:30pm	Suburb Singalong
	9:30am	Church Live stream			9:30am	Church Live Stream
	10:45am	Bingo			10:45am	Shuffleboard
	2:00pm	God's Choir in Lodge			2:00pm	God's Choir



Activities –February 2026

	The Manor – Junction		The Manor – Downstairs		The Lodge	
Mon 9th			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Sports & Active Games	10:45am	Church Service	10:45am	Book Club
	1:30pm	Ladies Coffee Club	1:30pm	Memory Care Music & Singalong	1:30pm	Carpet Bowls
	3:30pm	Board Games & Cards				
Tues 10th			10:00am	Movement Group	9:00am	Tai Chi
	10:45am	Bingo	10:45am	Memory Care Craft	10:00am	Movement Group
	1:30pm	'Wearing Our Memories'	1:30pm	Memory Care Trivia	10:45am	Bingo
		Vintage Fashion Show			1:30pm	Reminiscing Group
Wed 11th						
	10:45am	Trivia	10:00am	Movement Group	10:00am	Movement Group
	1:30pm	Armchair Travel to China	10:45am	Waratah Active Games	10:45am	Church
		to celebrate Chinese Year	1:30pm	Scenic Bus Trip	1:30pm	Music & Singalong
Thur 12th	3:30pm	VR & Resparke sessions	1:30pm	Our Stories Our Strength		
	10:45am	Bingo	10:00am	Movement Group	10:00am	Movement Group
	1:30pm	Art & Craft	10:45am	Memory Care Cooking: Scones	10:45am	Bingo
Fri 13th	3:00pm	Prayer Group	1:30pm	Music & Singalong	1:30pm	Armchair Travel to China to celebrate Chinese New Year
	10:45am	Valentines Day Concert	10:00am	Movement Group	10:00am	Movement Group
	1:30pm	Men's Group	10:45am	Waratah Hymns & Scripture	10:45am	Valentines Concert in the Manor
Sat 14th			1:30pm	Scenic Bus Trip	1:30pm	Art & Craft
Sun 15th	10:45am	Reminiscing			10:45am	Bingo
	1:30pm	Suburb Singalong			1:30pm	Suburb Singalong
Sun 15th	9:30am	Church Live stream			9:30am	Church Live Stream
	10:45am	Bingo			10:45am	Shuffleboard
	2:00pm	God's Choir in Lodge			2:00pm	God's Choir



Activities –February 2026

	The Manor – Junction		The Manor – Downstairs		The Lodge	
Mon 16th			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Sports & Active Games	10:45am	Church Service	10:45am	Residents Meeting
	1:30pm	Ladies Coffee Club	1:30pm	Memory Care Reminiscing	1:30pm	Book Club
	3:30pm	Board Games & Cards				
Tues 17th					9:00am	Tai Chi
			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Bingo	10:45am	Les Peterkin singalong	10:45am	Bingo
	1:30pm	Cooking Pancakes for Shrove Tuesday	1:30pm	Honeysuckle Trivia	1:30pm	Reminiscing Group
	3:30pm	VR & Resparke sessions				
Wed 18th			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Trivia	10:45am	Waratah Active Games	10:45am	Church
	1:30pm	Paper Aeroplane Competition	1:30pm	Scenic Bus Trip	1:30pm	Music & Singalong
			1:30pm	Our Stories Our Strength		
	3:30pm	VR & Resparke sessions				
Thur 19th			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Bingo	10:45am	Memory Care Art & Craft	10:45am	Bingo
	1:30pm	Art and Craft	1:30pm	Music & Singalong	1:30pm	Trivia & Brain Games
					3:00pm	Hymnsing with Hannah
Fri 20th	10:00am		10:00am	Movement Group	10:00am	Movement Group
	10:00am	Bus Trip to Food & Friendship	10:00am	Bus Trip to Food & Friendship	10:00am	Bus Trip to Food & Friendship
	10:45am	Music & Singalong	10:45am	Waratah Hymns & Scripture	10:45am	Shuffleboard
	1:30pm	Men's Group	1:30pm	Active Games	1:30pm	Art & Craft
	3:30pm	Current Affairs & Trivia				
Sat 21st	10:45am	Reminiscing			10:45am	Bingo
	1:30pm	Suburb Singalong			1:30pm	Suburb Singalong
Sun 22nd	9:30am	Church Live stream			9:30am	Church Live Stream
	10:45am	Bingo			10:45am	Shuffleboard
	2:00pm	God's Choir in Lodge			2:00pm	God's Choir



Activities –February 2026

	The Manor – Junction		The Manor – Downstairs		The Lodge	
Mon 23rd			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Sports & Active Games	10:45am	Church Service	10:45am	Book Club
	1:30pm	Ladies Coffee Club	1:30pm	Memory Care Reminiscing	1:30pm	Cooking Pancakes
	3:30pm	Board Games & Cards				
Tues 24th					9:00am	Tai Chi
			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Bingo	10:45am	Music & Singalong	10:45am	Bingo
	1:30pm	Art & Craft	1:30pm	Memory Care Trivia	1:30pm	Trivia
Wed 25th						
	10:45am	Trivia	10:00am	Movement Group	10:00am	Movement Group
	11:30am	Outing: Waterboard Bowl Club	10:45am	Waratah Active Games	10:45am	Church
	1:30pm	Jesmond Public School visits	11:30am	Outing: Waterboard Bowl Club	11:30am	Outing: Waterboard Bowl Club
			1:30pm	Our Stories Our Strength	1:30pm	Music & Singalong
Thur 26th						
	10:45am	Bingo	10:00am	Movement Group	10:00am	Movement Group
	1:30pm	Concert with Bridget	10:45am	Catholic Mass	10:45am	Bingo
	3:00pm	Prayer Group	1:30pm	Music & Singalong	1:30pm	Reminiscing Group
Fri 27th						
	10:45am	Music & Singalong	10:00am	Movement Group	10:00am	Movement Group
	1:30pm	Men's Group	10:45am	Waratah Hymns & Scripture	10:45am	Indoor Golf
Sat 28th					1:30pm	Art & Craft
	10:45am	Reminiscing				
	1:30pm	Suburb Singalong			10:45am	Bingo
					1:30pm	Suburb Singalong