










Activities - July 2026



	The Manor – Junction		The Manor – Downstairs		The Lodge		
Wed 1 st	10:00am	Shopping Bus Trip 	10:00am	Movement Group	10:00am	Movement Group	
	10:45am	Active Games	10:45am	Pet Therapy visits	10:45am	Church Service 	
	1:30pm	Virtual Reality 1:1 visits	1:30pm	Jesmond School students	1:30pm	Afternoon Singalong	
	3:30pm	Colour Club (held in Nobby's)					
Thur 2 nd	 WINTER WONDERLAND / CHRISTMAS IN JULY LUNCHEON & KERRY GRANT CONCERT EVERYONE WELCOME – NO INVITE NEEDED 10:45AM IN THE MANOR 						
Fri 3 rd			10:00am	Movement Group	10:00am	Movement Group	
	10:45am	Trivia	10:45am	Scenic Bus Trip 	10:45am	Sports & Active Games	
	1:30pm	Men's Group	1:30pm	Waratah Hymns & Scripture 	1:30pm	Art & Craft	
	3:30pm	Michael's Masterminds					
Sat 4 th	10:45am	Reminiscing				10:45am	BINGO!
	1:30pm	Suburb Singalong				1:30pm	Suburb Singalong
Sun 5 th	9:30am	Church Live stream				9:30am	Church Live Stream
	10:45am	BINGO!				10:00am	Salvation Army Band
	2:00pm	God's Choir in Lodge				2:00pm	God's Choir




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	The Manor – Junction		The Manor – Downstairs		The Lodge		
Mon 6th			10:00am	Movement Group	10:00am	Movement Group	
	10:45am	'What is NAIDOC' talk	10:45am	Hymnsing ✝	10:45am	'What is NAIDOC' talk in Manor	
	1:30pm	Indigenous Crafting	1:30pm	Reminiscing Group	1:30pm	Book Club – Dreamtime Stories	
	3:30pm	Movie: Top End Wedding					
Tue 7th			10:00am	Movement Group	10:00am	Movement Group	
	10:45am	BINGO!	10:45am	Indigenous Painting	10:45am	BINGO!	
	1:30pm	Indigenous Cooking: Damper	1:30pm	Trivia	1:30pm	Movie: The Last Daughter	
	3:30pm	Footy Tipping Visits					
Wed 8th			10:00am	Movement Group	10:00am	Movement Group	
	10:45am	Bus to Morook Cultural Centre	10:45am	Balloon Tennis & Soccer	10:45am	Church Service ✝	
	1:30pm	Armchair Travel to NT with VR	1:30pm	Dreamtime Stories on Resparke	1:30pm	Indigenous Cooking: Damper	
	3:30pm	Craft					
Thur 9th			10:00am	Movement Group	10:00am	Movement Group	
	10:30am	Craft, Yarning & Bush Tea Tasting With Rainbow Crow Collective	10:45am	Music & Singalong	10:30am	IN THE MANOR: Craft, Yarning & Bush Tea Tasting With Rainbow Crow Collective	
	1:30pm	BINGO!	1:30pm	Indigenous Cooking: Damper	1:30pm	BINGO!	
Fri 10th			10:00am	Movement Group	10:00am	Movement Group	
	10:00am	Bus Trip: Food & Friendship	10:00am	Bus Trip to Food & Friendship	10:00am	Bus Trip: Food & Friendship 	
	10:45am	Trivia			10:45am	Armchair Travel to NT with Virtual Reality	
	1:30pm	Movie: Brand Nue Dae	1:30pm	Waratah Hymns & Scripture ✝	1:30pm	Art & Craft - Indigenous	
	3:30pm	Michael's Masterminds					
Sat 11th	10:30am	Reminiscing				10:45am	BINGO!
	1:30pm	Suburb Singalong				1:30pm	Suburb Singalong
Sun 12th	10:45am	Church Live Stream			10:45am	Church Live Stream	
	1:30pm	BINGO!			1:30pm	Shuffleboard	
	2:00pm	God's Choir in Lodge			2:00pm	God's Choir	









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	The Manor – Junction		The Manor – Downstairs		The Lodge		
Mon 13 th			10:00am	Movement Group	10:00am	Movement Group	
	10:45am	Square Dancing performance	10:45am	Hymnsing ✝	10:45am	Book Club	
	1:30pm	Ladies Coffee Club	1:30pm	Reminiscing Group	1:30pm	Dominoes & Scrabble	
	3:30pm	Board Games & Cards					
Tue 14 th	14TH JULY IS BASTILLE DAY – A NATIONAL DAY IN FRENCH CELEBRATING THE BIRTH OF THE FRENCH REPUBLIC						
			10:00am	Movement Group	10:00am	Movement Group	
	10:45am	BINGO!	10:45am	Poetry with Resparke	10:45am	BINGO!	
	1:30pm	‘Maroba French Open’ Balloon Tennis <i>for Bastille Day</i>	1:30pm	Trivia	1:30pm	Armchair Travel to France <i>for Bastille Day</i>	
	3:30pm	Footy Tipping visits					
Wed 15 th	10:30am	Scenic Bus Trip 	10:00am	Movement Group	10:00am	Movement Group	
	10:45am	Pet Therapy visits	10:45am	Active Games	10:45am	Church Service ✝	
	1:30pm	Armchair Travel to France <i>for Bastille Day</i>	1:30pm	Petals and Perspectives	1:30pm	Cooking: Bread & Butter Pudding	
	3:30pm	Colouring Club					
Thur 16 th			10:00am	Movement Group	10:00am	Movement Group	
			10:45am	Anglican Church Service ✝			
	10:45am	BINGO!	10:45am	Music & Singalong (in Waratah)	10:45am	BINGO!	
	1:30pm	Music & Memories	1:30pm	Virtual Reality Sessions	1:30pm	Coffee Club	
Fri 17 th			10:00am	Movement Group	10:00am	Movement Group	
	10:45am	Trivia	10:45am	Scenic Bus Trip 	10:45am	Sports & Active Games	
	1:30pm	Men’s Group	1:30pm	Waratah Hymns & Scripture ✝	1:30pm	Art & Craft	
	3:30pm	Michael’s Masterminds					
Sat 18 th	10:30am	Reminiscing				10:45am	BINGO!
	1:30pm	Suburb Singalong				1:30pm	Suburb Singalong
Sun 19 th	10:45am	Church Live Stream			10:45am	Church Live Stream	
	1:30pm	BINGO!			1:30pm	Shuffleboard	
	2:00pm	God’s Choir in Lodge			2:00pm	God’s Choir	








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	The Manor – Junction		The Manor – Downstairs		The Lodge	
Mon 20 th			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Sports & Active Games	10:45am	Hymn sing 	10:45am	Coffee Club
	1:30pm	Ladies Coffee Club	1:30pm	Reminiscing Group	1:30pm	Dominos & Scrabble
	3:30pm	Board Games & Cards				
Tues 21 st			10:00am	Movement Group	10:00am	Movement Group
	10:45am	BINGO!	10:45am	Active Games	10:45am	BINGO!
	1:30pm	Virtual Reality Group Sessions	1:30pm	Trivia	1:30pm	Coffee Club
	3:30pm	Footy Tipping visits				
Wed 22 nd	10:30am	Scenic Bus Trip 	10:00am	Movement Group	10:00am	Movement Group
	10:45am	Pam Ayres Poetry on Resparke	10:45am	Joan's 101 st Birthday Party	10:45am	Church Service with Pastor Matt 
	1:30pm	Jesmond School visits	1:30pm	Petals & Perspectives	1:30pm	Music & Singalong 
	3:30pm	Colouring Club				
Thur 23 rd			10:00am	Movement Group	10:00am	Movement Group
			10:45am	Catholic Mass 		
	10:45am	BINGO!	10:45am	Waratah Music for Ralph's Bday	10:45am	BINGO!
	1:30pm	Music & Memories	1:30pm	Movie: An American in Paris	1:30pm	Movie: An American in Paris <i>In celebration of Bastille Day</i>
Fri 24 th			10:00am	Movement Group	10:00am	Movement Group
	10:00am	Bus Trip: Food & Friendship	10:00am	Bus Trip to Food & Friendship	10:00am	Bus Trip: Food & Friendship 
	10:45am	Trivia			10:45am	Shuffleboard
	1:30pm	Men's Group	1:30pm	Waratah Hymns & Scripture 	1:30pm	Art & Craft
	3:30pm	Michael's Masterminds				
Sat 25 th	10:30am	Reminiscing			10:45am	BINGO!
	1:30pm	Suburb Singalong			1:30pm	Suburb Singalong
Sun 26 th	10:45am	Church Live Stream			10:45am	Church Live Stream
	1:30pm	BINGO!			1:30pm	Shuffleboard
	2:00pm	God's Choir in Lodge			2:00pm	God's Choir

Activities - July 2026



	The Manor – Junction		The Manor – Downstairs		The Lodge	
Mon 27 th			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Sports & Active Games	10:45am	Hymn sing 	10:45am	Book Club
	1:30pm	Ladies Coffee Club	1:30pm	Reminiscing Group	1:30pm	Dominos & Scrabble
	3:30pm	Board Games & Cards				
Tues 28 th			10:00am	Movement Group	10:00am	Movement Group
	10:45am	BINGO!	10:45am	Ken Crotty concert 	10:45am	BINGO!
	1:30pm	Shirley's 90 th Bday Party	1:30pm	Trivia	1:30pm	Coffee Club
	3:30pm	Footy Tipping Visits				
Wed 29 th			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Pet Therapy visits	10:45am	Active Games	10:45am	Church Service: Communion 
	11:00am	Bus Trip to Pelican RSL 				
	1:30pm	Jesmond School visits	1:30pm	Petals and Perspectives	1:30pm	Movie: 'Quartet'
	3:30pm	Colouring Club				
Thur 30 th			10:00am	Movement Group	10:00am	Movement Group
	10:45am	BINGO!	10:45am	Music & Singalong	10:45am	Olive Payne Concert 
	1:30pm	Music & Memories	1:30pm	Watercolour Painting	1:30pm	BINGO!
Fri 31 st			10:00am	Movement Group	10:00am	Movement Group
	10:45am	Trivia	10:45am	Scenic Bus Trip 	10:45am	Sports & Active Games
	1:30pm	Men's Group	1:30pm	Waratah Hymns & Scripture 	1:30pm	Art & Craft
	3:30pm	Michael's Masterminds				