

Activities - September 2026

	The Manor – Junction		The Manor – Downstairs		The Lodge	
Tue 1 st	10:00am	Movement Group	9:00am	Gentle Movers	10:00am	<i>Movement Group held in Manor</i>
	10:45am	BINGO!	10:45am	Cooking: Scones	10:45am	BINGO!
	1:30pm	Residents Meeting	1:30pm	Trivia	1:30pm	‘Wearing Our Memories’: Vintage fashion display and talk
	3:30pm	Footy Tipping Visits				
Wed 2 nd					10:00am	<i>Movement Group held in Manor</i>
	10:00am	Movement Group	9:00am	Gentle Movers	10:15am	Shopping Trip to Mount Hutton
	10:45am	Word Games SC	10:45am	Sports & Active Games	10:45am	Church Service 
	1:30pm	Jesmond Public School --held in the Chapel today--	1:30pm	Resparke & Reminiscing	1:30pm	Singalong 
	3:30pm	Diamond Dot Craft				
Thur 3 rd	10:00am	Outside Walks	9:00am	Gentle movers	10:00am	<i>Movement Group held in Manor</i>
	 10:45AM IN THE MANOR – COUNTRY WESTERN THEME DAY – WITH CONCERT & LUNCHEON 					
Fri 4 th	10:00am	Bus Trip: Food & Friendship	9:00am	Gentle Movers	10:00am	Movement Group
	10:45am	Trivia	10:45am	Fathers Day BBQ & Barber in Lodge	10:45am	Daniel Arvidson Concert 
	1:30pm	Art: Watercolour Painting	1:30pm	Waratah Hymns & Scripture 	1:30pm	Art & Craft
	3:30pm	Michael’s Masterminds	1:30pm	Men’s Group		
Sat 5 th	10:30am	Reminiscing			10:45am	BINGO!
	1:30pm	Suburb Singalong			1:30pm	Suburb Singalong
Sun 6 th	10:45am	BINGO!			9:30am	Salvation Army Band
	1:30pm	Suburb Singalong			1:30pm	Shuffleboard
	2:00pm	God’s Choir in Lodge			2:00pm	God’s Choir

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	The Manor – Junction		The Manor – Downstairs		The Lodge	
Mon 7 th	10:00am	Movement Group	9:00am	Gentle Movers	10:00am	<i>Movement Group held in Manor</i>
	10:45am	Visit from St Phillips	10:45am	Hymnsing ✝	10:45am	Food Focus Meeting
	1:30pm	Ladies Coffee Club	1:30pm	Virtual Reality Sessions	1:30pm	Book Club
	3:30pm	Dominos				
Tue 8 th			9:00am	Gentle Movers	10:00am	<i>Movement Group held in Manor</i>
	10:45am	BINGO!	10:45am	Les Peterkin piano 🎵	10:45am	BINGO!
	1:30pm	Balloon Tennis Tournament	1:30pm	Trivia	1:30pm	Our Favourite Photos
	3:30pm	Footy Tipping Visits				
Wed 9 th					10:00am	<i>Movement Group held in Manor</i>
	10:00am	Movement Group	9:00am	Gentle Movers	10:15am	Scenic Bus Trip to Carrington
	10:45am	Word Games	10:45am	Sports & Active Games	10:45am	Church Service ✝
	1:30pm	Jesmond Public School	1:30pm	Resparke & Reminsicing	1:30pm	Carpet Bowls
Thur 10 th	3:30pm	Diamond Dot Craft				
	10:00am	Movement Group	9:00am	Gentle Movers	10:00am	<i>Movement Group held in Manor</i>
	10:45am	BINGO!	10:45am	Music and Singalong 🎵	10:45am	BINGO!
	1:30pm	Art & Craft	1:30pm	Cognitive Exercises	1:30pm	Coffee Club for all
Fri 11 th	3:30pm	Colour Club				
	10:00am	Movement Group	9:00am	Gentle Movers	10:00am	<i>Movement Group held in Manor</i>
	10:45am	Trivia	10:15am	Scenic Bus Trip for Fish & Chips	10:45am	Pet Therapy visits & Party
	1:30pm	Music Memories: Patsy Cline	1:30pm	Waratah Hymns & Scripture ✝	1:30pm	Art & Craft
Sat 12 th			1:30pm	Men's Group		
	3:30pm	Michael's Masterminds				
Sun 13 th	10:30am	Reminiscing			10:45am	BINGO!
	1:30pm	Suburb Singalong			1:30pm	Suburb Singalong
	10:45am	BINGO!			9:30am	Church Live Stream
	1:30pm	Suburb Singalong			1:30pm	Shuffleboard
	2:00pm	God's Choir in Lodge			2:00pm	God's Choir



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Mon 14 th	10:00am	Movement Group	9:00am	Gentle Movers	10:00am	<i>Movement Group held in Manor</i>
	10:45am	Sports & Active Games	10:45am	Hymnsing ✝	10:45am	Trivia Quiz
	1:30pm	Ladies Coffee Club	1:30pm	Virtual Reality Sessions	1:30pm	Book Club
	3:30pm	Dominos				
Tue 15 th	10:00am	Movement Group	9:00am	Gentle Movers	10:00am	<i>Movement Group in Manor</i>
	10:45am	BINGO!	10:45am	Art & Craft	10:45am	BINGO!
	1:30pm	St Phillips Concert in Lodge	1:30pm	Trivia	1:30pm	St Phillips music concert 🎵🎵🎵
	3:30pm	Footy Tipping Visits				
Wed 16 th					10:00am	<i>Movement Group held in Manor</i>
	10:00am	Movement Group	9:00am	Gentle Movers	10:15am	Scenic Bus Trip
	10:45am	Armchair Travel To Italy	10:45am	Sports & Active Games	10:45am	Church Service ✝
	1:30pm	Jesmond Public School	1:30pm	Resparke & Reminiscing	1:30pm	Movie: Paradise Road
Thur 17 th	3:30pm	Diamond Dot Group				
			9:00am	Gentle Movers	10:00am	<i>Movement Group in Manor</i>
	10:30am	BINGO!	10:45am	Anglican Service ✝		
	1:30pm	Art & Craft	10:45am	Music and Singalong 🎵🎵🎵	10:45am	BINGO!
Fri 18 th	3:30pm	Colour Club	1:30pm	Cognitive Exercises	1:30pm	Adam Price & Line Dancers 🎵🎵🎵
	10:00am	Bus Trip: Food & Friendship	9:00am	Gentle Movers	10:00am	<i>Movement Group held in Manor</i>
	10:45am	Trivia	10:45am	Outdoor Walks & Ice Creams	10:45am	Shuffleboard
	1:30pm	Themed Bingo	1:30pm	Waratah Hymns & Scripture ✝	1:30pm	Art & Craft
Sat 19 th			1:30pm	Men's Group		
	3:30pm	Michael's Masterminds				
Sun 20 th	10:30am	Reminiscing			10:45am	BINGO!
	1:30pm	Suburb Singalong			1:30pm	Suburb Singalong
	10:45am	BINGO!			9:30am	Church Live Stream
	1:30pm	Suburb Singalong			1:30pm	Shuffleboard
	2:00pm	God's Choir in Lodge			2:00pm	God's Choir

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Mon 21 st	10:00am	Movement Group	9:00am	Gentle Movers	10:00am	<i>Movement Group held in Manor</i>
	10:45am	Sports & Active Games	10:45am	Hymnsing ✝	10:45am	Newcastle Gospel Choir
	1:30pm	Ladies Coffee Club	1:30pm	Virtual Reality Sessions	1:30pm	Book Club
	3:30pm	Dominos				
Tue 22 nd	10:00am	Movement Group	9:00am	Gentle Movers	10:00am	<i>Movement Group held in Manor</i>
	10:45am	BINGO!	10:45am	Les Peterkin piano 🎵	10:45am	BINGO!
	1:30pm	Shuffleboard: Manor V Lodge	1:30pm	Trivia	1:30pm	Shuffleboard: Manor V Lodge
	3:30pm	Footy Tipping Visits				
Wed 23 rd			9:00am	Gentle Movers	10:00am	<i>Movement Group held in Manor</i>
	10:00am	Movement Group			10:15am	Bus Outing to Waterboard Club
	10:45am	Pet Therapy Visits	10:45am	Sports & Active Games	10:45am	Church ✝
	1:30pm	Jesmond Public School	1:30pm	Resparke & Reminiscing	1:30pm	Cooking: Lemonade Scones
	3:30pm	Diamond Dot Group				
Thur 24 th	10:00am	Movement Group	9:00am	Gentle Movers	10:00am	<i>Movement Group held in Manor</i>
			10:45am	Prayer & Praise (Catholic Mass) ✝		
	10:45am	BINGO!	10:45am	Music and Singalong 🎵	10:45am	BINGO!
	1:30pm	Art & Craft	1:30pm	Cognitive Exercises	1:30pm	Coffee Club for all
	3:30pm	Colour Club				
Fri 25 th	10:00am	Movement Group	9:00am	Gentle Movers	10:00am	<i>Movement Group held in Manor</i>
	10:45am	Trivia	10:15am	Scenic Bus Trip	10:45am	Armchair Travel To Italy
	1:30pm	Movie: Oaklahoma	1:30pm	Waratah Hymns & Scripture ✝	1:30pm	Art & Craft
		(held in downstairs cinema)	1:30pm	Men's Group		
	3:30pm	Michael's Masterminds				
Sat 26 th	10:30am	Reminiscing			10:45am	BINGO!
	1:30pm	Suburb Singalong			1:30pm	Suburb Singalong
Sun 27 th	10:45am	BINGO!			9:30am	Church Live Stream
	1:30pm	Suburb Singalong			1:30pm	Shuffleboard
	2:00pm	God's Choir in Lodge			2:00pm	God's Choir



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	The Manor – Junction		The Manor – Downstairs		The Lodge	
Mon 28 th	10:00am	Movement Group	9:00am	Gentle Movers	10:00am	<i>Movement Group held in Manor</i>
	10:45am	Sports & Angelo's Bday Party	10:45am	Hymnsing ✝	10:45am	Trivia Quiz
	1:30pm	Ladies Coffee Club	1:30pm	Virtual Reality Sessions	1:30pm	Book Club
	3:30pm	Dominos				
Tue 29 th	10:00am	Movement Group	9:00am	Gentle Movers	10:00am	<i>Movement Group held in Manor</i>
	10:45am	BINGO!	10:45am	Ken Crotty Concert 🎵🎵🎵	10:45am	BINGO!
	1:30pm	Music Memories: Leonard Cohen 🎵🎵🎵	1:30pm	Trivia	1:30pm	Movie: Oklahoma
	3:30pm	Footy Tipping Visits				
Wed 30 th	10:00am	Movement Group	9:00am	Gentle Movers	10:00am	<i>Movement Group held in Manor</i>
	10:15am	Lunch Outing to Wests			10:15am	Scenic Bus Trip
	10:45am	Word Games	10:45am	Sports & Active Games	10:45am	Church Service with Communion ✝
	1:30pm	Jesmond Public School --held in chapel today --	1:30pm	Resparke & Reminiscing	1:30pm	Music Memories: Patsy Cline 🎵🎵🎵
	3:30pm	Diamond Dot Group				