

# MAROBA Activities - October 2026

Here are just some of the activities on offer this month:

 **Creativity Collective**

Arts and craft — painting, colouring, mosaic, knitting, sewing, drawing, or anything of your choosing

 **Mind & Memories**

Trivia, cognition exercises, memory games, mindfulness, reminiscing

 **Active Games**

Sports and games — soccer, tennis, volleyball, golf, darts, shuffleboard, and more.

 **Cuppa & Connection**

Getting together over coffee/tea to get to know one another better

 **Maroba Cinema**

Come to the movies on the big screen with popcorn and choc tops to round out the experience

 **Life & Music**

An interactive talk on the career & music of a particular band/artist, with music played throughout

Thur  
1<sup>st</sup>



Everyone is invited

**International Day Of Older Persons  
LUNCHEON**

**with Wayne Parkinson concert**

*from 10:30am in the Manor*



| Fri<br>2 <sup>nd</sup> | The Manor |                       |              | The Lodge |                       |            | Bus Trip                                                      |
|------------------------|-----------|-----------------------|--------------|-----------|-----------------------|------------|---------------------------------------------------------------|
|                        | Time      | Activity              | Location     | Time      | Activity              | Location   | 10:15am<br>Morning Tea at<br>Food & Friendship<br>Warners Bay |
|                        | 9:00am    | Gentle Movers         | Downstairs   |           |                       |            |                                                               |
|                        | 10:00am   | Movement Group        | The Junction |           |                       |            |                                                               |
|                        | 10:45am   | Trivia                | Downstairs   | 10:45am   | Active Games          | Auditorium |                                                               |
|                        | 1:30pm    | Men’s Shed            | Downstairs   | 1:30pm    | Creativity Collective | Art Room   |                                                               |
|                        | 3:30pm    | Michael’s Masterminds | The Junction |           |                       |            |                                                               |

| Sat<br>3 <sup>rd</sup> | The Manor |                                            |             | The Lodge |          |            |
|------------------------|-----------|--------------------------------------------|-------------|-----------|----------|------------|
|                        | Time      | Activity                                   | Location    | Time      | Activity | Location   |
|                        |           |                                            |             |           |          |            |
|                        | 10:45am   | Movies, Music, Books & Colouring available | Across site | 10:45am   | Bingo    | Auditorium |

| Sun<br>4 <sup>th</sup> | The Manor |          |            | The Lodge |                     |            |
|------------------------|-----------|----------|------------|-----------|---------------------|------------|
|                        | Time      | Activity | Location   | Time      | Activity            | Location   |
|                        |           |          |            | 9:30am    | Salvation Army Band | Auditorium |
|                        | 10:45am   | Bingo    | Downstairs |           |                     |            |

|  |        |             |            |
|--|--------|-------------|------------|
|  | 2:00pm | God’s Choir | Auditorium |
|--|--------|-------------|------------|



# MAROBA Activities - October 2026

|                        | The Manor                                                                                                                                                               | The Lodge |
|------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|
| Mon<br>5 <sup>th</sup> | <p><b>LONG WEEKEND PUBLIC HOLIDAY</b></p> <p>Movies, books, magazines, colouring, games and one-on-one support will be provided in the suburb by Care Support staff</p> |           |

| Tues<br>6 <sup>th</sup> | The Manor |                    |              | The Lodge |                    |            |
|-------------------------|-----------|--------------------|--------------|-----------|--------------------|------------|
|                         | Time      | Activity           | Location     | Time      | Activity           | Location   |
|                         | 9:00am    | Gentle Movers      | Downstairs   |           |                    |            |
|                         | 10:00am   | Movement Group     | The Junction |           |                    |            |
|                         | 10:45am   | Bingo              | Downstairs   | 10:45am   | Bingo              | Auditorium |
|                         | 1:30pm    | Life & Music: Abba | Downstairs   | 1:30pm    | Resident's Meeting | Auditorium |
|                         | 3:30pm    | Rummikub           | Across site  |           |                    |            |

| Wed<br>7 <sup>th</sup> | The Manor |                                      |              | The Lodge |                       |               | Bus Trip                                         |
|------------------------|-----------|--------------------------------------|--------------|-----------|-----------------------|---------------|--------------------------------------------------|
|                        | Time      | Activity                             | Location     | Time      | Activity              | Location      | 10:15am<br>Scenic drive around Newcastle beaches |
|                        | 9:00am    | Gentle Movers                        | Downstairs   |           |                       |               |                                                  |
|                        | 10:00am   | Movement Group                       | The Junction |           |                       |               |                                                  |
|                        | 10:15am   | Doggie Dates Pet Therapy             | Across site  |           |                       |               |                                                  |
|                        | 10:45am   | Active Games                         | Downstairs   | 10:45am   | Maroba Church Service | Auditorium    |                                                  |
|                        | 1:30pm    | Maroba Cinema: 'Love Me Or Leave Me' | Downstairs   | 1:30pm    | Mind and Memories     | Function Room |                                                  |
|                        | 3:30pm    | Tech Support                         | The Junction |           |                       |               |                                                  |

| Thur<br>8 <sup>th</sup> | The Manor |                            |              | The Lodge |                    |               |
|-------------------------|-----------|----------------------------|--------------|-----------|--------------------|---------------|
|                         | Time      | Activity                   | Location     | Time      | Activity           | Location      |
|                         | 9:00am    | Gentle Movers              | Downstairs   |           |                    |               |
|                         | 10:00am   | Movement Group             | The Junction |           |                    |               |
|                         | 10:45am   | Mind & Memories            | Downstairs   | 10:45am   | Cuppa & Connection | Auditorium    |
|                         | 1:30pm    | Bingo                      | Downstairs   | 1:30pm    | Bingo              | Function Room |
|                         | 3:30pm    | Colour Club & Diamond Dots | The Junction |           |                    |               |

| Fri<br>9 <sup>th</sup> | The Manor |                       |              | The Lodge |                       |            | Bus Trip                                      |
|------------------------|-----------|-----------------------|--------------|-----------|-----------------------|------------|-----------------------------------------------|
|                        | Time      | Activity              | Location     | Time      | Activity              | Location   | 10:15am<br>Scenic drive to Catherine Hill Bay |
|                        | 9:00am    | Gentle Movers         | Downstairs   |           |                       |            |                                               |
|                        | 10:00am   | Movement Group        | The Junction |           |                       |            |                                               |
|                        | 10:45am   | Trivia                | Downstairs   | 10:45am   | Active Games          | Auditorium |                                               |
|                        | 1:30pm    | Men's Shed            | Downstairs   | 1:30pm    | Creativity Collective | Art Room   |                                               |
|                        | 3:30pm    | Michael's Masterminds | The Junction |           |                       |            |                                               |

| Sat<br>10 <sup>th</sup> | The Manor |                                            |             | The Lodge |          |            |
|-------------------------|-----------|--------------------------------------------|-------------|-----------|----------|------------|
|                         | Time      | Activity                                   | Location    | Time      | Activity | Location   |
|                         | 10:45am   | Movies, Music, Books & Colouring available | Across site | 10:45am   | Bingo    | Auditorium |
|                         |           |                                            |             |           |          |            |

| Sun<br>11 <sup>th</sup> | The Manor |          |            | The Lodge |                    |            |
|-------------------------|-----------|----------|------------|-----------|--------------------|------------|
|                         | Time      | Activity | Location   | Time      | Activity           | Location   |
|                         |           |          |            | 9:30am    | Church Live Stream | Auditorium |
|                         | 10:45am   | Bingo    | Downstairs |           |                    |            |
|                         |           |          |            | 2:00pm    | God's Choir        | Auditorium |

# MAROBA Activities - October 2026

| Mon<br>12 <sup>th</sup> | The Manor |                    |                     | The Lodge |                                      |                      |
|-------------------------|-----------|--------------------|---------------------|-----------|--------------------------------------|----------------------|
|                         | Time      | Activity           | Location            | Time      | Activity                             | Location             |
|                         | 9:00am    | Gentle Movers      | <i>Downstairs</i>   |           |                                      |                      |
|                         | 10:00am   | Movement Group     | <i>The Junction</i> |           |                                      |                      |
|                         | 10:45am   | Hymnsing           | <i>Downstairs</i>   | 10:45am   | Book Club                            | <i>Function Room</i> |
|                         | 1:30pm    | Cuppa & Connection | <i>Downstairs</i>   | 1:30pm    | Maroba Cinema: 'Love Me Or Leave Me' | <i>Auditorium</i>    |
|                         | 3:30pm    | Dominos            | <i>The Junction</i> |           |                                      |                      |

| Tues<br>13 <sup>th</sup> | The Manor |                            |                     | The Lodge |                    |                      |
|--------------------------|-----------|----------------------------|---------------------|-----------|--------------------|----------------------|
|                          | Time      | Activity                   | Location            | Time      | Activity           | Location             |
|                          | 9:00am    | Gentle Movers              | <i>Downstairs</i>   |           |                    |                      |
|                          | 10:00am   | Movement Group             | <i>The Junction</i> |           |                    |                      |
|                          | 10:45am   | Bingo                      | <i>Downstairs</i>   | 10:45am   | Bingo              | <i>Auditorium</i>    |
|                          | 1:30pm    | Les Peterkin piano concert | <i>Downstairs</i>   | 1:30pm    | Cuppa & Connection | <i>Function Room</i> |
|                          | 3:30pm    | Rummikub                   | <i>The Junction</i> |           |                    |                      |

| Wed<br>14 <sup>th</sup> | The Manor |                       |                     | The Lodge |                       |                      | Bus Trip                                    |
|-------------------------|-----------|-----------------------|---------------------|-----------|-----------------------|----------------------|---------------------------------------------|
|                         | Time      | Activity              | Location            | Time      | Activity              | Location             | 10:15am<br>Scenic drive<br>through Stockton |
|                         | 9:00am    | Gentle Movers         | <i>Downstairs</i>   |           |                       |                      |                                             |
|                         | 10:00am   | Movement Group        | <i>The Junction</i> |           |                       |                      |                                             |
|                         | 10:45am   | Active Games          | <i>Downstairs</i>   | 10:45am   | Maroba Church Service | <i>Auditorium</i>    |                                             |
|                         | 1:30pm    | Creativity Collective | <i>Downstairs</i>   | 1:30pm    | Mind and Memories     | <i>Function Room</i> |                                             |
|                         | 3:30pm    | Tech Support          | <i>The Junction</i> |           |                       |                      |                                             |

| Thur<br>15 <sup>th</sup> | The Manor |                            |                     | The Lodge |                         |                      |
|--------------------------|-----------|----------------------------|---------------------|-----------|-------------------------|----------------------|
|                          | Time      | Activity                   | Location            | Time      | Activity                | Location             |
|                          | 9:00am    | Gentle Movers              | <i>Downstairs</i>   |           |                         |                      |
|                          | 10:00am   | Movement Group             | <i>The Junction</i> |           |                         |                      |
|                          | 10:45am   | Mind & Memories            | <i>Downstairs</i>   | 10:45am   | Anglican Church Service | <i>Auditorium</i>    |
|                          | 1:30pm    | Bingo                      | <i>Downstairs</i>   | 1:30pm    | Bingo                   | <i>Function Room</i> |
|                          | 3:30pm    | Colour Club & Diamond Dots | <i>The Junction</i> |           |                         |                      |

| Fri<br>16 <sup>th</sup> | The Manor |                       |                     | The Lodge |                       |                   | Bus Trip                                                         |
|-------------------------|-----------|-----------------------|---------------------|-----------|-----------------------|-------------------|------------------------------------------------------------------|
|                         | Time      | Activity              | Location            | Time      | Activity              | Location          | 10:15am<br>Morning Tea at<br>Food & Friendship<br>in Warners Bay |
|                         | 9:00am    | Gentle Movers         | <i>Downstairs</i>   |           |                       |                   |                                                                  |
|                         | 10:00am   | Movement Group        | <i>The Junction</i> |           |                       |                   |                                                                  |
|                         | 10:45am   | Trivia                | <i>Downstairs</i>   | 10:45am   | Karen Smith Concert   | <i>Auditorium</i> |                                                                  |
|                         | 1:30pm    | Men's Shed            | <i>Downstairs</i>   | 1:30pm    | Creativity Collective | <i>Art Room</i>   |                                                                  |
|                         | 3:30pm    | Michael's Masterminds | <i>The Junction</i> |           |                       |                   |                                                                  |

| Sat<br>17 <sup>th</sup> | The Manor |                                            |                    | The Lodge |          |                   |
|-------------------------|-----------|--------------------------------------------|--------------------|-----------|----------|-------------------|
|                         | Time      | Activity                                   | Location           | Time      | Activity | Location          |
|                         | 10:45am   | Movies, Music, Books & Colouring available | <i>Across site</i> | 10:45am   | Bingo    | <i>Auditorium</i> |
|                         |           |                                            |                    |           |          |                   |

| Sun<br>18 <sup>th</sup> | The Manor |          |                   | The Lodge |                    |                   |
|-------------------------|-----------|----------|-------------------|-----------|--------------------|-------------------|
|                         | Time      | Activity | Location          | Time      | Activity           | Location          |
|                         |           |          |                   | 9:30am    | Church Live Stream | <i>Auditorium</i> |
|                         | 10:45am   | Bingo    | <i>Downstairs</i> |           |                    |                   |
|                         |           |          |                   | 2:00pm    | God's Choir        | <i>Auditorium</i> |

# MAROBA Activities - October 2026

| Mon<br>19 <sup>th</sup> | The Manor |                    |                     | The Lodge |                          |                      |
|-------------------------|-----------|--------------------|---------------------|-----------|--------------------------|----------------------|
|                         | Time      | Activity           | Location            | Time      | Activity                 | Location             |
|                         | 9:00am    | Gentle Movers      | <i>Downstairs</i>   |           |                          |                      |
|                         | 10:00am   | Movement Group     | <i>The Junction</i> | 10:15am   | Doggie Dates Pet Therapy | <i>Across site</i>   |
|                         | 10:45am   | Hymnsing           | <i>Downstairs</i>   | 10:45am   | Book Club                | <i>Auditorium</i>    |
|                         | 1:30pm    | Cuppa & Connection | <i>Downstairs</i>   | 1:30pm    | Singalong                | <i>Function Room</i> |
|                         | 3:30pm    | Dominos            | <i>The Junction</i> |           |                          |                      |

| Tues<br>20 <sup>th</sup> | The Manor |                               |                     | The Lodge |                    |                      |
|--------------------------|-----------|-------------------------------|---------------------|-----------|--------------------|----------------------|
|                          | Time      | Activity                      | Location            | Time      | Activity           | Location             |
|                          | 9:00am    | Gentle Movers                 | <i>Downstairs</i>   |           |                    |                      |
|                          | 10:00am   | Movement Group                | <i>The Junction</i> |           |                    |                      |
|                          | 10:45am   | Bingo                         | <i>Downstairs</i>   | 10:45am   | Bingo              | <i>Auditorium</i>    |
|                          | 1:30pm    | History of Sydney Opera House | <i>Downstairs</i>   | 1:30pm    | Cuppa & Connection | <i>Function Room</i> |
|                          | 3:30pm    | Rummikub                      | <i>The Junction</i> |           |                    |                      |

| Wed<br>21 <sup>st</sup> | The Manor |                         |                     | The Lodge |                       |                      | Bus Trip                                          |
|-------------------------|-----------|-------------------------|---------------------|-----------|-----------------------|----------------------|---------------------------------------------------|
|                         | Time      | Activity                | Location            | Time      | Activity              | Location             | 10:15am<br>Scenic drive<br>through Warners<br>Bay |
|                         | 9:00am    | Gentle Movers           | <i>Downstairs</i>   |           |                       |                      |                                                   |
|                         | 10:00am   | Movement Group          | <i>The Junction</i> |           |                       |                      |                                                   |
|                         | 10:45am   | Active Games            | <i>Downstairs</i>   | 10:45am   | Maroba Church Service | <i>Auditorium</i>    |                                                   |
|                         | 1:30pm    | Jesmond Public visitors | <i>Downstairs</i>   | 1:30pm    | Mind and Memories     | <i>Function Room</i> |                                                   |
|                         | 3:30pm    | Tech Support            | <i>The Junction</i> |           |                       |                      |                                                   |

| Thur<br>22 <sup>nd</sup> | The Manor |                            |                     | The Lodge |               |                      |
|--------------------------|-----------|----------------------------|---------------------|-----------|---------------|----------------------|
|                          | Time      | Activity                   | Location            | Time      | Activity      | Location             |
|                          | 9:00am    | Gentle Movers              | <i>Downstairs</i>   |           |               |                      |
|                          | 10:00am   | Movement Group             | <i>The Junction</i> |           |               |                      |
|                          | 10:45am   | Mind & Memories            | <i>Downstairs</i>   | 10:45am   | Catholic Mass | <i>Auditorium</i>    |
|                          | 1:30pm    | Bingo                      | <i>Downstairs</i>   | 1:30pm    | Bingo         | <i>Function Room</i> |
|                          | 3:30pm    | Colour Club & Diamond Dots | <i>The Junction</i> |           |               |                      |

| Fri<br>23 <sup>rd</sup> | The Manor |                       |                     | The Lodge |                       |                   | Bus Trip                                               |
|-------------------------|-----------|-----------------------|---------------------|-----------|-----------------------|-------------------|--------------------------------------------------------|
|                         | Time      | Activity              | Location            | Time      | Activity              | Location          | 10:15am<br>Scenic drive<br>through Hinton &<br>Morpeth |
|                         | 9:00am    | Gentle Movers         | <i>Downstairs</i>   |           |                       |                   |                                                        |
|                         | 10:00am   | Movement Group        | <i>The Junction</i> |           |                       |                   |                                                        |
|                         | 10:45am   | Trivia                | <i>Downstairs</i>   | 10:45am   | Active Games          | <i>Auditorium</i> |                                                        |
|                         | 1:30pm    | Men's Shed            | <i>Downstairs</i>   | 1:30pm    | Creativity Collective | <i>Art Room</i>   |                                                        |
|                         | 3:30pm    | Michael's Masterminds | <i>The Junction</i> |           |                       |                   |                                                        |

| Sat<br>24 <sup>th</sup> | The Manor |                                            |                    | The Lodge |          |                   |
|-------------------------|-----------|--------------------------------------------|--------------------|-----------|----------|-------------------|
|                         | Time      | Activity                                   | Location           | Time      | Activity | Location          |
|                         | 10:45am   | Movies, Music, Books & Colouring available | <i>Across site</i> | 10:45am   | Bingo    | <i>Auditorium</i> |
|                         |           |                                            |                    |           |          |                   |

| Sun<br>25 <sup>th</sup> | The Manor |          |                   | The Lodge |                    |                   |
|-------------------------|-----------|----------|-------------------|-----------|--------------------|-------------------|
|                         | Time      | Activity | Location          | Time      | Activity           | Location          |
|                         |           |          |                   | 9:30am    | Church Live Stream | <i>Auditorium</i> |
|                         | 10:45am   | Bingo    | <i>Downstairs</i> |           |                    |                   |
|                         |           |          |                   | 2:00pm    | God's Choir        | <i>Auditorium</i> |

# MAROBA Activities - October 2026

| Mon<br>26 <sup>th</sup> | The Manor |                    |                     | The Lodge |                                       |                      |
|-------------------------|-----------|--------------------|---------------------|-----------|---------------------------------------|----------------------|
|                         | Time      | Activity           | Location            | Time      | Activity                              | Location             |
|                         | 9:00am    | Gentle Movers      | <i>Downstairs</i>   |           |                                       |                      |
|                         | 10:00am   | Movement Group     | <i>The Junction</i> |           |                                       |                      |
|                         | 10:45am   | Hymnsing           | <i>Downstairs</i>   | 10:45am   | Book Club                             | <i>Function Room</i> |
|                         | 1:30pm    | Cuppa & Connection | <i>Downstairs</i>   | 1:30pm    | Maroba Cinema: 'Lillies of The Field' | <i>Auditorium</i>    |
|                         | 3:30pm    | Dominos            | <i>The Junction</i> |           |                                       |                      |

| Tues<br>27 <sup>th</sup> | The Manor |                            |                     | The Lodge |                      |                      |
|--------------------------|-----------|----------------------------|---------------------|-----------|----------------------|----------------------|
|                          | Time      | Activity                   | Location            | Time      | Activity             | Location             |
|                          | 9:00am    | Gentle Movers              | <i>Downstairs</i>   |           |                      |                      |
|                          | 10:00am   | Movement Group             | <i>The Junction</i> |           |                      |                      |
|                          | 10:45am   | Bingo                      | <i>Downstairs</i>   | 10:45am   | Bingo                | <i>Auditorium</i>    |
|                          | 1:30pm    | Les Peterkin piano concert | <i>Downstairs</i>   | 1:30pm    | Cuppa and Connection | <i>Function Room</i> |
|                          | 3:30pm    | Rummikub                   | <i>The Junction</i> |           |                      |                      |

| Wed<br>28 <sup>th</sup> | The Manor |                         |                     | The Lodge |                       |                      | Bus Trip                                                 |
|-------------------------|-----------|-------------------------|---------------------|-----------|-----------------------|----------------------|----------------------------------------------------------|
|                         | Time      | Activity                | Location            | Time      | Activity              | Location             | 10:15am<br>Scenic drive<br>through Kurri Kurri<br>murals |
|                         | 9:00am    | Gentle Movers           | <i>Downstairs</i>   |           |                       |                      |                                                          |
|                         | 10:00am   | Movement Group          | <i>The Junction</i> |           |                       |                      |                                                          |
|                         | 10:45am   | Active Games            | <i>Downstairs</i>   | 10:45am   | Church with Communion | <i>Auditorium</i>    |                                                          |
|                         | 1:30pm    | Jesmond Public Visitors | <i>Downstairs</i>   | 1:30pm    | Mind and Memories     | <i>Function Room</i> |                                                          |
|                         | 3:30pm    | Tech Support            | <i>The Junction</i> |           |                       |                      |                                                          |

| Thur<br>29 <sup>th</sup> | The Manor |                            |                     | The Lodge |                               |                      |
|--------------------------|-----------|----------------------------|---------------------|-----------|-------------------------------|----------------------|
|                          | Time      | Activity                   | Location            | Time      | Activity                      | Location             |
|                          | 9:00am    | Gentle Movers              | <i>Downstairs</i>   |           |                               |                      |
|                          | 10:00am   | Movement Group             | <i>The Junction</i> |           |                               |                      |
|                          | 10:45am   | Mind & Memories            | <i>Downstairs</i>   | 10:45am   | History of Sydney Opera House | <i>Function Room</i> |
|                          | 1:30pm    | Bingo                      | <i>Downstairs</i>   | 1:30pm    | Bingo                         | <i>Function Room</i> |
|                          | 3:30pm    | Colour Club & Diamond Dots | <i>The Junction</i> |           |                               |                      |

| Fri<br>30 <sup>th</sup> | The Manor |                       |                     | The Lodge |                       |                   | Bus Trip                                                      |
|-------------------------|-----------|-----------------------|---------------------|-----------|-----------------------|-------------------|---------------------------------------------------------------|
|                         | Time      | Activity              | Location            | Time      | Activity              | Location          | 10:15am<br>Morning Tea at<br>Food & Friendship<br>Warners Bay |
|                         | 9:00am    | Gentle Movers         | <i>Downstairs</i>   |           |                       |                   |                                                               |
|                         | 10:00am   | Movement Group        | <i>The Junction</i> |           |                       |                   |                                                               |
|                         | 10:45am   | Trivia                | <i>Downstairs</i>   | 10:45am   | Active Games          | <i>Auditorium</i> |                                                               |
|                         | 1:30pm    | Men's Shed            | <i>Downstairs</i>   | 1:30pm    | Creativity Collective | <i>Art Room</i>   |                                                               |
|                         | 3:30pm    | Michael's Masterminds | <i>The Junction</i> |           |                       |                   |                                                               |

| Sat<br>31 <sup>st</sup> | The Manor |                                            |                    | The Lodge |          |                   |
|-------------------------|-----------|--------------------------------------------|--------------------|-----------|----------|-------------------|
|                         | Time      | Activity                                   | Location           | Time      | Activity | Location          |
|                         |           |                                            |                    |           |          |                   |
|                         | 10:45am   | Movies, Music, Books & Colouring available | <i>Across site</i> | 10:45am   | Bingo    | <i>Auditorium</i> |
|                         |           |                                            |                    |           |          |                   |