# Activities November 2026

**Changes to Activities program -** *New arrangements start on 1 November 2026*

We want to let you know about some changes to the way activities are delivered at Maroba.

From 1 November 2026, the current Additional Services arrangements will be replaced by the new Higher Everyday Living Fee (HELF) framework, in line with reforms under the Aged Care Act 2024. The new arrangements provide greater transparency, flexibility and choice around additional lifestyle, hospitality and wellbeing services.

Under the new framework, the Australian Government has outlined services that must be included for residents, including access to one activity each day. At Maroba, we will continue to offer a varied program of included activities, complemented by optional enhanced experiences for residents who choose them.

This means you may notice some changes to our activity calendar, along with new activities and experiences available through HELF the coming months.

**Included Activities**

Our included activities program offers a diverse range of opportunities to support residents to live well, with a focus on connection, wellbeing, learning, creativity, purpose and enjoyment.

As we make the required changes, some familiar activities may look a little different. For example Bingo will remain part of our included program but will be offered less often, with changes to the prizes provided.

**My Way My Day Activities**

My Way My Day complements our included activities program by offering **additional experiences and enhanced options** that may involve additional resources, external providers, special events or outings.

- Special events, entertainment, workshops and themed experiences
- Enhanced wellbeing experiences
- Big Games activity with upgraded prizes
- Outings and experiences in the community

**Your Choices**

Every resident will continue to enjoy a range of activities included as part of living at Maroba, at no additional charge. My Way My Day provides additional experiences for residents who choose to participate. Participation is completely optional, and any applicable costs will be clearly identified on the activities calendar. Activity bundles are also available for residents who would like a packaged selection of experiences. There is nothing you need to do. Simply continue to enjoy the activities that appeal to you.

**Do you want to sign up to the Enhanced Living package?**

If you would like to know more about what's offered under the My Day My Way Enhanced Living Package, please contact our Resident and Community Experience Coordinator, LeiAnne Percinsky, at Leianne@maroba.com.au.

# Activities November 2026

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| **Sun 1st** | **9:30am** | Live Stream Church Service | Manor Downstairs |
| | **9:30am** | Salvation Army Band | Lodge Auditorium |
| | **2:00pm** | God's Choir | Lodge Auditorium |
| **Mon 2nd** | **10:00am** | Movement Group | Manor Upstairs |
| | **10:45am** | Hymnsing | Manor Downstairs |
| | **10:45am** | Book Club | Lodge Function Room |
| | **1:30pm** | HELF Games: 'The Price Is Right'<br>*(Part of Enhanced living Package or $7 per occasion)* | Lodge Auditorium |
| **Tues 3rd** | **10:00am** | Movement Group | Manor Upstairs |
| | **10:45am** | Melbourne Cup fun & games | Manor Upstairs |
| | **1:30pm** | Melbourne Cup Party | Manor Upstairs |
| **Wed 4th** | **10:00am** | Movement Group | Manor Upstairs |
| | **10:45am** | HELF Bus: lunch at Waterboard Bowling Club<br>*($25 per occasion)* | |
| | **10:45am** | Church | Lodge Auditorium |
| | **1:30pm** | Jesmond Public School visit | Manor Upstairs |
| | **1:30pm** | Cuppa & Connection | Lodge Function Room |
| **Thur 5th** | **10:00am** | Movement Group | Manor Upstairs |
| | **10:45am** | HELF Wellness Class<br>*(Part of Enhanced living Package or $15 per occasion)* | Lodge Function room |
| | **1:30pm** | Music & Memories | Manor Downstairs |
| **Fri 6th** | **10:00am** | Movement Group | Manor Upstairs |
| | **10:45am** | HELF Bus: Fish & Chips by the beach<br>*($25 per occasion)* | |
| | **10:45am** | Trivia & Brain Exercises | Manor Downstairs |
| | **1:30pm** | Men's Group | Manor Downstairs |
| | **1:30pm** | Creative Studio (Arts, Crafts or Knitting) | Lodge Art Room |
| | **3:30pm** | Michael's Masterminds | Manor Upstairs |
| **Sat 7th** | **10:45am** | Bingo | Manor Junction |
| **Sun 8th** | **9:30am** | Live Stream Church Service | Manor Downstairs |
| | **9:30am** | Live Stream Church Service | Lodge Auditorium |
| | **2:00pm** | God's Choir | Lodge Auditorium |

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| **Mon 9th** | **10:00am** | Movement Group | Manor Upstairs |
| | **10:45am** | Hymnsing | Manor Downstairs |
| | **10:45am** | Book Club | Lodge Function Room |
| | **1:30pm** | HELF Games: *Bingo with chips & choc prizes*<br>*(Part of Enhanced living Package or $7 per occasion)* | Lodge Auditorium |
| **Tue 10th** | **10:00am** | Movement Group | Manor Upstairs |
| | **10:45am** | Bingo | Lodge Auditorium |
| | **1:30pm** | Concert: Les Peterkin – classical pianist | Lodge Auditorium |
| **Wed 11th** | **10:00am** | Movement Group | Manor Upstairs |
| | **10:15am** | HELF Bus: Scenic drive around Stockton<br>*($6 per occasion)* | |
| | **10:30am** | Remembrance Day Ceremony | Lodge Auditorium |
| | **1:30pm** | Jesmond Public School visit | Manor Upstairs |
| | **1:30pm** | Cuppa & Connection | Lodge Function Room |
| **Thur 12th** | **10:00am** | Movement Group | Manor Upstairs |
| | **10:45am** | HELF Event: 'Wearing Our Memories'<br>*Vintage Fashion Display & Talk*<br>*(Part of Enhanced living Package or $40 per occasion)* | Lodge Auditorium |
| | **1:30pm** | Music & Memories | Manor Downstairs |
| **Fri 13th** | **10:00am** | Movement Group | Manor Upstairs |
| | **10:15am** | HELF Bus: Morning Tea at Food & Friendship Café<br>*($15 per occasion)* | |
| | **10:45am** | Trivia & Brain Exercises | Manor Downstairs |
| | **1:30pm** | Men's Group | Manor Downstairs |
| | **1:30pm** | Creativity Studio (Arts, Crafts or Knitting) | Lodge Art Room |
| | **3:30pm** | Michael's Masterminds | Manor Upstairs |
| **Sat 14th** | **10:45am** | Bingo | Manor Junction |
| **Sun 15th** | **9:30am** | Live Stream Church Service | Manor Downstairs |
| | **9:30am** | Live Stream Church Service | Lodge Auditorium |
| | **2:00pm** | God's Choir | Lodge Auditorium |

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| **Mon 16th** | **10:00am** | Movement Group | Manor Upstairs |
| | **10:45am** | Hymnsing | Manor Downstairs |
| | **10:45am** | Book Club | Lodge Function Room |
| | **1:30pm** | HELF Games: Shuffleboard Competition<br>*(Part of Enhanced living Package or $7 per occasion)* | Lodge Auditorium |
| **Tues 17th** | **10:00am** | Movement Group | Manor Upstairs |
| | **10:45am** | Concert: Lemon Drops Choir | Manor Junction |
| | **10:45am** | Bingo | Lodge Auditorium |
| | **1:30pm** | Residents Meeting for all | Lodge Auditorium |
| **Wed 18th** | **10:00am** | Movement Group | Manor Upstairs |
| | **10:15am** | HELF Bus: Scenic drive through Newcastle City<br>*($6 per occasion)* | |
| | **10:45am** | Church | Lodge Auditorium |
| | **1:30pm** | Jesmond Public School visit | Manor Upstairs |
| | **1:30pm** | Cuppa & Connection | Lodge Function Room |
| **Thur 19th** | **10:00am** | Movement Group | Manor Upstairs |
| | **10:45am** | Anglican Church Service | Lodge Auditorium |
| | **1:30pm** | Music & Memories | Manor Downstairs |
| | **2:00pm** | HELF Wellness: Doggie Dates Pet Therapy<br>*(Part of Enhanced living Package or $15 per occasion)* | Lodge Auditorium |
| **Fri 20th** | **10:00am** | Movement Group | Manor Upstairs |
| | **10:45am** | HELF Bus: Fish & Chips by the beach<br>*($25 per occasion)* | |
| | **10:45am** | Trivia & Brain Exercises | Manor Downstairs |
| | **1:30pm** | Men's Group | Manor Downstairs |
| | **1:30pm** | Creativity Studio (Arts, Crafts or Knitting) | Lodge Art Room |
| | **3:30pm** | Michael's Masterminds | Manor Upstairs |
| **Sat 21st** | **10:45am** | Bingo | Manor Junction |
| **Sun 22nd** | **9:30am** | Live Stream Church Service | Manor Downstairs |
| | **9:30am** | Live Stream Church Service | Lodge Auditorium |
| | **2:00pm** | God's Choir | Lodge Auditorium |

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| **Mon 23rd** | **10:00am** | Movement Group | Manor Upstairs |
| | **10:45am** | Hymnsing | Manor Downstairs |
| | **10:45am** | Book Club | Lodge Function Room |
| | **1:30pm** | HELF Games: Bingo *with chips & choc prizes* *(Part of Enhanced living Package or $7 per occasion)* | Lodge Auditorium |
| **Tues 24th** | **10:00am** | Movement Group | Manor Upstairs |
| | **10:45am** | Bingo | Lodge Auditorium |
| | **1:30pm** | HELF CONCERT – Olive Payne (*singer*)*(Part of Enhanced living Package or $40 per occasion)* | Lodge Auditorium |
| **Wed 25th** | **10:00am** | Movement Group | Manor Upstairs |
| | **10:45am** | HELF Bus: Visit to 'Lost America Museum' (*Vintage Cars & Artefacts & morning tea*) *($25 per occasion)* | |
| | **10:45am** | Church | Lodge Auditorium |
| | **1:30pm** | Jesmond Public School | Manor Upstairs |
| | **1:30pm** | Cuppa & Connection | Lodge Function Room |
| **Thur 26th** | **10:00am** | Movement Group | Manor Upstairs |
| | **10:45am** | Christmas Card-Making | Manor Upstairs |
| | **10:45am** | Catholic Mass | Lodge Auditorium |
| | **1:30pm** | Music & Memories | Manor Downstairs |
| **Fri 27th** | **10:00am** | Movement Group | Manor Upstairs |
| | **10:15am** | HELF Bus: Morning Tea at Food & Friendship Café *($15 per occasion)* | |
| | **10:45am** | Trivia & Brain Exercises | Manor Downstairs |
| | **1:30pm** | Men's Group | Manor Downstairs |
| | **1:30pm** | Creativity Studio (Arts, Crafts or Knitting) | Lodge Art Room |
| | **3:30pm** | Michael's Masterminds | Manor Upstairs |
| **Sat 28th** | **10:45am** | Bingo | Manor Junction |
| **Sun 29th** | **9:30am** | Live Stream Church Service | Manor Downstairs |
| | **9:30am** | Live Stream Church Service | Lodge Auditorium |
| | **2:00pm** | God's Choir | Lodge Auditorium |
| **Mon 30th** | **10:00am** | Movement Group | Manor Upstairs |
| | **10:45am** | Hymnsing | Manor Downstairs |
| | **10:45am** | Book Club | Lodge Function Room |
| | **1:30pm** | HELF Games: Trivia Competition Manor v Lodge *(Part of Enhanced living Package or $7 per occasion)* | Lodge Auditorium |